Prior Learning: In Year KS1, children were introduced to some fundamental rugby skills. They learned different ways of throwing and catching. They learned to run with the ball in their hands. They also played some adapted invasion games which introduced them to some Tag Rugby skills.

Key Skills

Physical Me

Throw	Agility
Catch	Balance
Dodge	Co-ordination
Run	
Speed	

Thinking Me
- To improve my skills
- To make decisions in a game

Value Me
- Honesty
- Courage

Social Me
- Communication
- Encourage
- Collaboration

TAG RUGBY
INVASION · INVASION · INVASION · INVASION

Tag Rugby Rules:

No of players in a team:
Only 7 on pitch at a time

Pass:
Never pass forwards!
Run forwards, pass backwards.

Tagging:
Remember to stop when a tag has been taken from your belt

The tagger must not throw the tag, it must be handed back

The player that is tagged has 3 seconds to pass the ball sideways or backwards to another teammate.

Possession:
Can only be gained by interception or catching a loose pass

Scoring:
- A try is scored by the attacking team when they place the ball on the ground on or over the try line.
- A try is worth one point
- You must place the ball past the try line with two hands and stay on your feet (no diving)

Out of play
If the ball goes off the pitch, it is a free pass to the appropriate team

Key Vocabulary

- Tagging
- Handover
- Passing
- Try
- Acceleration
- Horizontal
- Smile
- Defending
- Attacking

Key Knowledge

Tagging - Instead of being tackled, a player carrying the ball can be 'tagged' by having a tag removed from their belt by a member of the opposition.
- A player must call 'tag' and then hand it back to the player

Holding the ball - Two hands holding the side of the ball
- Hold at chest height

Passing - Pass sideways. Draw a **smile** as the ball goes form one side of the body to the other
- Release the ball at the end of the smile - point fingers in the direction of the pass