

Prior Learning: In Year Early Years, children were introduced to fundamental movement skills, running jumping, throwing and catching. In this unit, children will experiment with different ways to move a ball in a game using their hands and feet. Incorporated into this unit are adapted games, which encourage movement, negotiation of space, listening skills, aiming skills, teamwork and fun competition.

Key Skills

Physical Me

- | | |
|--------------|----------------------|
| Throw | Agility |
| Catch | Balance |
| Dodge | Co-ordination |
| Run | Jump |

Thinking Me

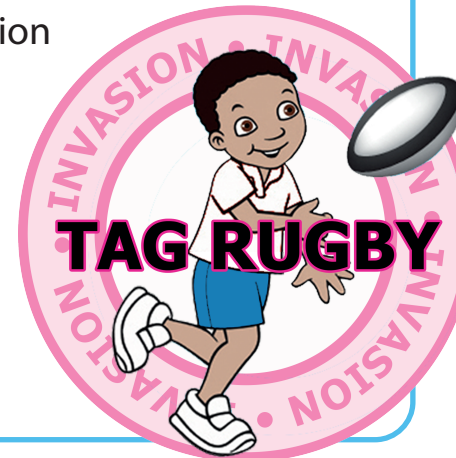
- To make decisions in a game on my own and as a team

Value Me:

- Kindness
- Determination

Social Me

- Working together
- Listening to others



Key Vocabulary

Forward

Safe

Team

Score

Tag

Pass

Zone

Attack

Defend

Key Knowledge

Tagging - Get as close as possible to your opponent

Holding the ball - Hold with two hands
- Look forward

Hand over - Both hands on the ball
- Hold the ball at chest height
- Make a smiley face shape when you hand over the ball

Tag Rugby is an Invasion Game...

Attack

- Aim to score a try by getting the ball over the try line/ zone.
- Create space
- Keep possession
- Move into a scoring position

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Defend

- Try and stop the opposition from scoring (tag them)
- Protect your try line/ zone
- Try and win the ball back