

Prior Learning: In year 5, the children continued to focus on their putting and chipping skills with directional play and hitting over various distances. They continued to master the tick tock technique and focused on control and accuracy when hitting the ball. They also played an adapted game of golf- beginning to use tactics and strategies to complete each hole individually and as part of a team.

Key Skills

Physical Me

- Co-ordination**
- Control**
- Balance**
- Precision**
- Speed**
- Power**
- Flexibility**
- Accuracy**

Value Me:

- Teamwork
- Leadership
- Responsibility
- Honesty

Social Me

- Co-operation
- Organisation
- Encouraging others
- Supporting others
- Collaborate
- Communicate

Thinking Me

- Problem solving
- Decision making
- Evaluate
- Improve

Key Vocabulary

Rhythm

Pendulum

Parallel

Strategies

Pace

Align

Key Knowledge

Rhythm: Rhythm in golf is the combining of the different parts of the swing into the correct speeds. e.g. keeping the same rhythm for putting and the chip shot, using the tick tock technique.

Align: If it's a straight shot, for example, a golfer will need their feet to run parallel alongside the target line.



Feet run parallel to target

Strategies: this is finding a method or a plan to complete a challenge.

Pendulum: a weight hung from a fixed point so that it can swing freely (like a pendulum clock) e.g. a golf swing, where the centre of your upper body is the top of the pendulum. The club head is the bottom of the pendulum - as in the tick tock technique.

