

**Learning:** Yr 1 will be introduced to some activities in pairs, learning how to work together with a partner and in small groups. They will be encouraged to work as a team to solve problems/tasks. They will be introduced to maps using directions forwards, backwards, left and right.

## Key Skills

### Physical Me

**Co-ordination**

**Jump, step, hop**

**Balance**

**Walk, run, jog**

### Value Me:

- Teamwork
- Friendship

### Social Me

- Co-operation
- Encouraging others
- Communicate
- Caring
- Taking turns

### Thinking Me

- Problem solving

## Key Vocabulary

Map

Forward

Backwards

Left

Right

Direction

Obstacle

Decision

Friendship

## Key Knowledge

**Map:** A picture of an area of land e.g. your treasure map.

**Directions:** Forwards, Backwards, Left, Right

**Team:** Working together with your friends and listening to each other

**Obstacle:** An object you may have to move over, through or around



## OAA

Outdoor and adventure activities are fun tasks/games that you can take part in when you are outside.

You will develop lots of qualities: working together, talking, looking after your friends, problem solving and achieving tasks.

It can make you feel really happy when you solve a task together!