

Prior Learning: If children took part in LKS2, they continued to develop their teamwork, leadership and communication skills. They learned what the 8 compass are and began to navigate with them. Children began to use co-ordinates to navigate around grids and sample maps. They also began to learn about orienteering, including using a key to represent objects.

Key Skills

Physical Me

Co-ordination

Jump, step, hop

Balance

Walk, run, jog

Social Me

- Co-operation
- Organisation
- Good listener
- Encouraging others
- Supporting others
- Collaborate
- Communicate

Thinking Me

- Problem solving

Value Me:

- Teamwork
- Leadership
- Responsibility

Key Vocabulary

Control Point

Strategy

Check point

Boundary

Co-operate

Tactical

Inclusive

Decision

Stamina

Key Knowledge

Check Point: this is a point along a route where participants record that they have arrived at this point

Control Points: this is the same as a check point and term only used in orienteering

Strategy: this is finding method or a plan to for completing a challenge

6-figure grid reference: A co-ordinate made of the numbers labelling grid lines and the distance horizontally and vertically within the square of the map the specific location is, to describe locations on a map.



OAA

Outdoor and adventure activities are mainly non-competitive and offer alternative ways to enjoy a healthy approach to recreation and outdoor activities.

The outdoor and adventure activities strand has many links with the Geography curriculum.