

Prior Learning: In Year 3, children built on knowledge and skills including control of a ball, different ways of passing, dribbling and turning with the ball. They learned tackling while stationary and moving. They learned some simple moving techniques. Children also continued to learn the rules of the game and play small-sided games.

Physical Me

Kicking **Agility**
Running **Balance**
Speed **Co-ordination**
Strength **Throw (in)**
Reaction

Key Skills

Thinking Me

- Select and apply skills
- Evaluate performance

Social Me

- Helping others
- Accepting and embracing rules

Value Me:
 - Fairness
 - Resilience



Key Knowledge

Inside hook- The Inside-Hook turn uses the inside of the foot to turn and then sprint away from the defender

Outside hook- Use the outside of the foot to hook the ball back in the direction that you are going to. This turn is good for keeping your body between the ball and your opponent

Drag back- A drag back is when you place the bottom of the foot on the ball, rolling it (or flicking it) backward, and turning with it.

Football Rules:

No of players in a team:

Maximum 7 on pitch at a time

Size of ball:

Size 3 football

Start of Game:

Teams will be told which way they are shooting at start of game

- Start in the centre of the pitch with a kick off

A goal cannot be scored directly from a start or restart of play.

Out of play:

If the ball goes off the pitch (Touchline) it is a throw in.

If the ball goes off at the goal line:

By attacking team - it is a goal kick
 By defending team - it is a corner

Tackling:

No slide tackles



Key Vocabulary

Body Position

Inside Hook

Outside Hook

Drag back

Fairness

Intercept

Communication

Accuracy

Technique