

FAIRY TALE ADVENTURES FMS - LESSON 5 - EY

Learning Intention: How can you move along equipment?

EQUIPMENT:

Throw down spots, strips, feet benches or any equipment to balance on.

Physical Development:

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, and skipping

Keywords: Run, Stomp, fast, slow, freeze, hop, skip, jump, big, small, throw, catch, balance

STORY TIME: Before the lesson



Negotiate Space

Share the story of The Three Billy Goats Gruff with the children.

<https://www.thefablecottage.com/fables/the-three-billy-goats-gruff>

Please note this is an external link to PPP.

WARM UP:



Negotiate Space

Children to trot around, like goats looking for grass...

If the teacher calls:

Trip Trap = Children pretend they're walking across the bridge calling "trip trap, trip trap"

Big billy goat gruff = Children to move around, as if they are the Big billy goat gruff

Medium billy goat gruff = Children to move around, as if they are the Medium billy goat gruff

Little billy goat gruff = Children to move around, as if they are the Little billy goat gruff

Trolls: Children to move around pretending they are a troll- can they make a scary face?

Eat some grass: Children to bend down and pretend to eat grass

ACTIVITY 1: Who's that moving over my bridge?

Place out in the area a variety of bridges using throw down spots, feet, strips etc...

Teacher to pretend that they are the troll and call out **"Who's that trip trapping over my bridge?"**
The children should trip trap over the different bridges

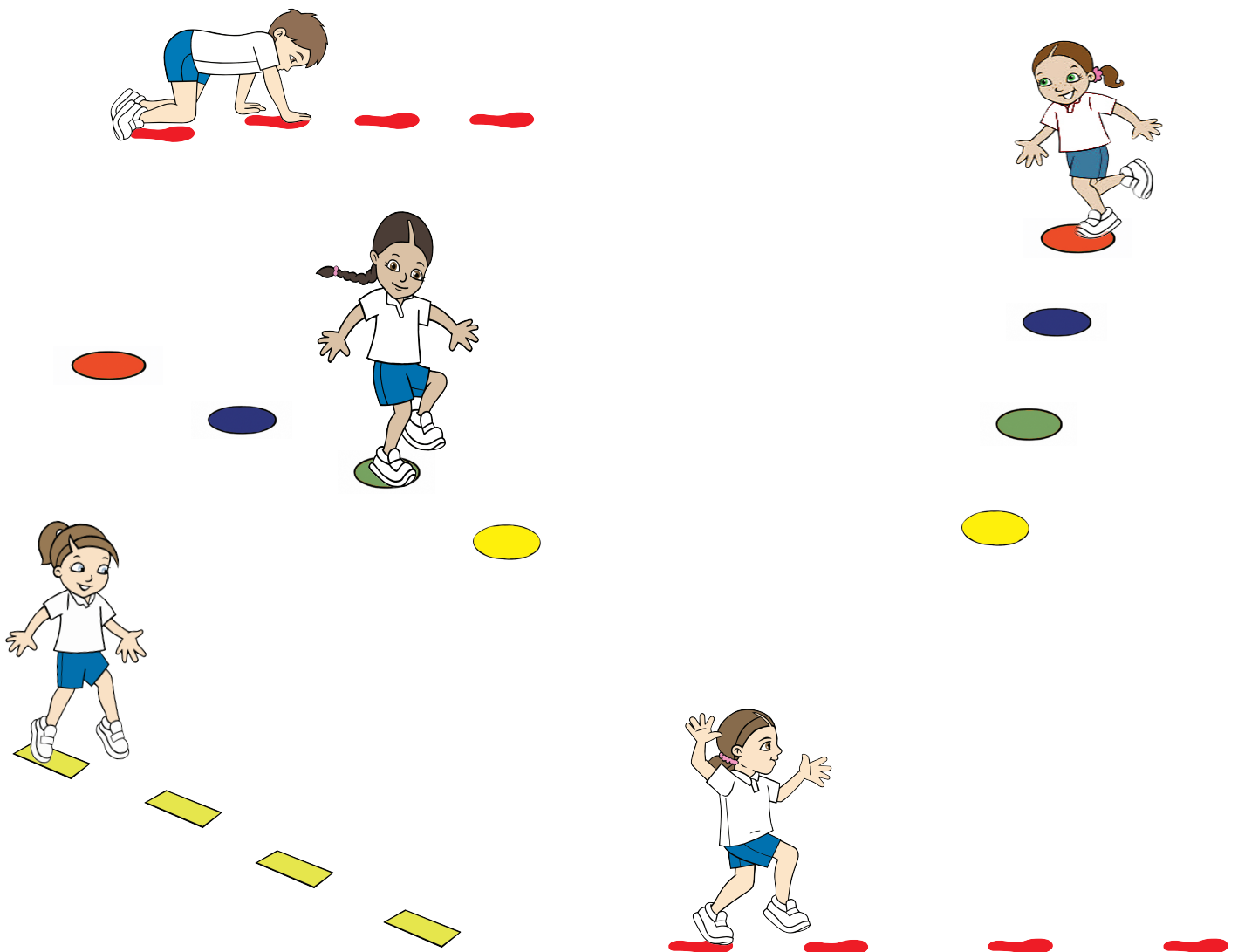
The teacher can then change the question to different ways of travelling over the bridge.

"Who's that **jumping** over my bridge?"
"Who's that **hopping** over my bridge?"
"Who's that **crawling** over my bridge?"
"Who's that **tiptoeing** over my bridge?"

When they reach the other side of the bridge, children are to jump up showing they are happy they have reached the other side! Just like the 'Three Billy Goats'!

Make it harder: Add equipment to catch... "Who's that **catching a beanbag** over my bridge?" or "Who's that **catching a ball** over my bridge?"

- ✓ Move energetically - Running
- ✓ Move energetically - Jumping
- ✓ Move energetically - Skipping
- ✓ Move energetically - Hopping



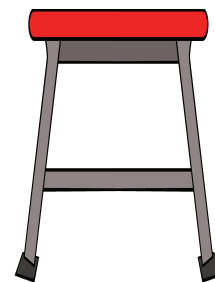
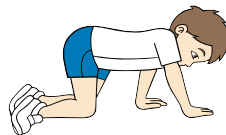
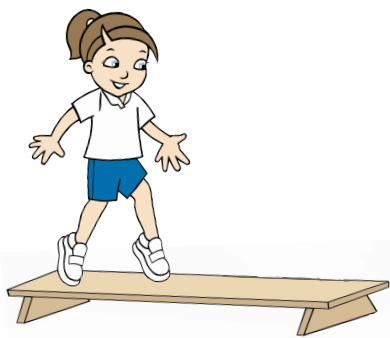
ACTIVITY 2: Under or Over (extension activity)

Teacher to place out some equipment to act as different types of bridges; for example - benches, box tops etc

Children to travel over and under the equipment in different ways. They could go on their tummies, on their backs, crawling.

If they go **over the bridge**, can they imagine they are a **Billy goat gruff**?

If children go **under the bridge**, can they imagine that they are a **troll**?



ACTIVITY 3: Circle Time

All children to stand in a circle. When teacher calls:

“Big Billy Goat”, the children should **stomp** and call **‘trip trap’** around the circle, as if they are crossing the bridge.

“Medium Billy Goat”, the children should **march** calling **‘trip trap’** around the circle, as if they are crossing the bridge.

“Little Billy Goat”, the children should **tiptoe** whisper **‘trip trap’** around the circle, as if they are crossing the bridge.

“Troll” the children should stop and crouch down as if they are under the bridge.



“Big Billy Goat”= stomping

“Medium Billy Goat”= Marching

“Little Billy Goat”= tiptoe

“Troll”= crouch down

COOL DOWN

Children walk happily around the room, pretending they are the goats who have made it to the grassy field.