

Prior Learning: In Year 4, children recapped different ways of throwing the ball. They recapped how to dodge on their own and in a games situation. They recapped how to block a ball. They also practiced the ready position and catching the ball. They played various games competing against others, while introducing some of the dodgeball rules

Physical Me

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|----------------------|--------------------|------------------|
| Agility | Throw | Precision |
| Balance | Catch | Control |
| Co-ordination | Dodge | Fluency |
| Jump | Run | |
| Speed | Flexibility | |

Key Skills



Thinking Me

- To make decisions in the game

Value Me:

- Honesty
- Creativity

Social Me

- Communication
- Encourage
- Collaboration

Our Dodgeball Rules:

- All the children start by standing on the baseline
- At no point in the game can children cross the halfway line to the other team's half: If they do they are 'OUT'
- Children to throw the dodgeball at the other team, aiming to hit each other anywhere below the shoulder
- Hands cannot be used to block dodgeballs, only to try and catch
- When hit by a ball anywhere below the shoulder, they are 'OUT' of the game and must stand at the side of the court.
- If a team member CATCHES the ball, the person who threw it is 'OUT'
- NO head shots- if there are - the player that threw the ball is 'OUT'

Key Vocabulary

Protect

Direction

Speed

Precision

Overarm

Opposition

Tactics

Attacker

Defender

Key Knowledge

Attacking- Attacking in dodgeball is when you or your team has possession of the balls and is throwing at the opposition

Defending -Defending is when the opposing team are in possession of the balls and throwing towards you

- You can defend by blocking
- Protecting others on your team from getting hit

Precision - Is how consistent results are. e.g. throwing at a target and hitting it each time

