

Prior Learning: In Year 3, children learned different ways to throw the ball. They learned how to dodge on their own and in a game situation. They learned how to block a ball. They also learned how to get in the ready position and catch the ball. They played various games competing against other introducing some of the dodgeball rules.

Physical Me

Throw

Catch

Dodge

Run

Flexibility

Agility

Balance

Co-ordination

Jump

Speed

Key Skills

Value Me:

- Honesty
- Fairness
- Teamwork

Thinking Me

- To make decisions in the game

Social Me

- Communication
- Encourage
- Motivating



Our Dodgeball Rules:

- All the children start by standing on the baseline
- At no point in the game can children cross the halfway line to the other team's half: If they do they are 'OUT'
- Children to throw the dodgeball at the other team, aiming to hit each other anywhere below the waist
- Hands cannot be used to block dodgeballs, only to try and catch
- When hit by a ball anywhere below the waist, they are 'OUT' of the game and must stand at the side of the court.
- If a team member CATCHES the ball, the person who threw it is 'OUT'
- NO head shots- if there are - the player that threw the ball is 'OUT'

Key Vocabulary

Throw

Control

Technique

Underarm

Backhand throw

Focus

Grip

Block

Motivate

Key Knowledge

Block-The defender may block a live ball with another ball.

- This ensures the ball is kept live on your side of the court and allows your team to keep the ball!

Dodge- To move your body quickly to avoid being caught

Technique- Technique is the method, procedure or way something is done. e.g how you throw a ball

