#### **Dodgeball Knowledge Organiser - Year 3**



**Prior Learning:** In Year 2, children continued to develop their social skills of how to play a team game. They competed against themselves and others. They communicated with others and worked as a team. They also continued to develop their running, jumping, throwing and catching skills.

#### **Physical Me**

### **Key Skills**

Throw Agility

Value Me:

**Catch** Balance

- Honesty - Courage Thinking Me

- To make decisions in the game

DODGEBALL

**Dodge** Co-ordination

Run Jump

Flexibility Speed

#### Social Me

- Communication
- Encourage
- -Collaboration

## **Key Knowledge**

#### **Ready position:**

- Stand on the balls of your feet
- Bend knees
- Feet hip width apart
- I Hands to make a wide basket
  - Watch the ball
  - Only catch the ball when it is between your shoulders and hips.
  - Cushion the ball into your chest as you catch

# **Our Dodgeball Rules:**

- All the children start by standing on the baseline
- At no point in the game can children cross the halfway line to the other team's half: If they do they are 'OUT'
- Children to throw the dodgeball at the other team, aiming to hit each other anywhere below the waist
- Hands cannot be used to block dodgeballs, only to try and catch
- When hit by a ball anywhere below the waist, they are 'OUT' of the game and must stand at the side of the court.
- If a team member CATCHES the ball, the person who threw it is 'OUT'
- NO head shots- if there are the player that threw the ball is 'OUT'

## **Key Vocabulary**

Throw

Control

Ready Position

Underarm

Backhand throw

**Focus** 

Grip

Block

Defender