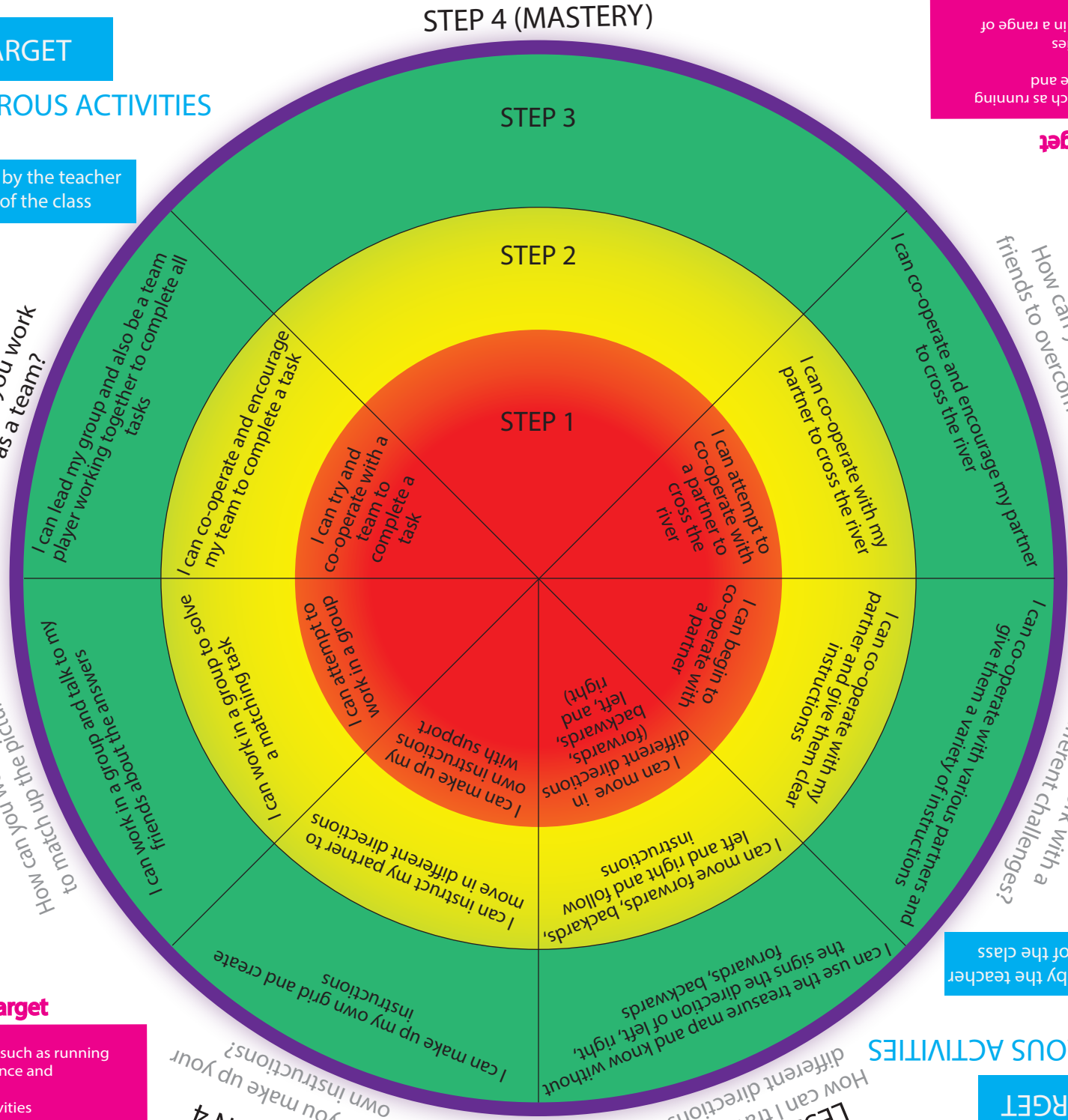


-Has begun to master basic movements such as running
-Has begun to demonstrate agility, balance and co-ordination
-Has begun to co-operate in physical activities
-Can begin to compete against self/others in a range of increasingly challenging situations

End of KS1 Attainment Target

This framework should be adapted by the teacher to meet the learning requirements of the class

PROGRESS-O-METER TARGET
YEAR 1
OUTDOOR ADVENTUROUS ACTIVITIES



LESSON 6
How can you work as a team?

I can lead my group and also be a team player working together to complete all tasks
I can co-operate and encourage my team to complete a task

LESSON 5
How can you work together to match up the pictures?

I can work in a group to solve a matching task
I can work in a group and talk to my friends about the answers

LESSON 4
How can you make up your own instructions?

I can make up my own grid and create instructions
I can instruct my partner to move in different directions

LESSON 3
How can I travel using different directions?

I can use the treasure map and know without left and right and follow instructions
I can move forwards, backwards, left, and right

LESSON 2
How can you work with a partner in different challenges?

I can co-operate with various partners and give them a variety of instructions
I can co-operate with my partner and give them clear instructions

LESSON 1
How can you work with your friends to overcome a challenge?

I can co-operate and encourage my partner to cross the river
I can attempt to co-operate with a partner to cross the river

I can try and co-operate with a team to complete a task

STEP 1

STEP 2

STEP 3

STEP 4 (MASTERY)

PROGRESS-O-METER TARGET

OUTDOOR ADVENTUROUS ACTIVITIES
YEAR 1

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