

Year 4 Gymnastics

Success Criteria/Unit Endpoints	Names/Initials
I can travel across a mat with some fluency and control	
I can perform a Teddy Bear roll with some control	
I can perform a matching and mirroring balance in a sequence with control and precision	
I can bunny hop onto apparatus from standing with control, and some precision	
I can perform a sequence in uni-son showing different levels, good body tension and control	
I can perform a sequence using both the compulsory elements and optional elements	

YEAR 4 ATTAINMENT TARGETS

- Can use skills in different ways and to link them to make actions and sequences of movement.
- Has to developed flexibility, control and balance.
- Can communicate with others during physical activities.
- Can compare their performances with previous ones.
- Can begin to recognise their own success.