

Learning Intention: How can you move under, over and onto equipment?

EQUIPMENT:

Equipment to go under and over e.g. bench, boxtop
Beanbags

Physical Development:

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, and skipping

Keywords: Run, Stomp, fast, slow, freeze, hop, skip, jump, big, small, throw, catch, balance

STORY TIME: Before the lesson

Share the story of Room on the Broom with the children.

<https://www.youtube.com/watch?v=JedbybfaD7w>

Please note this is an external link to PPP.

WARM UP: Through The Woods

1. Children to move around, pretending they are on a broomstick. If the teacher calls "**abracadabra**" the children are to **freeze** as if the teacher has frozen them!

2. The teacher then calls "I am going to Magic you into a..."

Frog

Dog

Cat

Crow

Dragon

The children should imagine they are that character and move around as if they are them.

3. Give all children a throw down strip- they can move around pretending to ride on their broom.



4. When the teacher calls "**FREEZE**" children are to **balance** on one leg and try not to fall off their brooms!



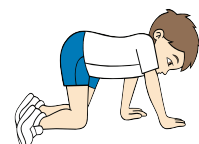
Dragon



Crow



Frog



**Dog
Cat**

ACTIVITY 1: Find the magic

 Negotiate Obstacles

 Demonstrate balance

Explain to the children that as in the story, they are going to make some magic together, to create a new broom.

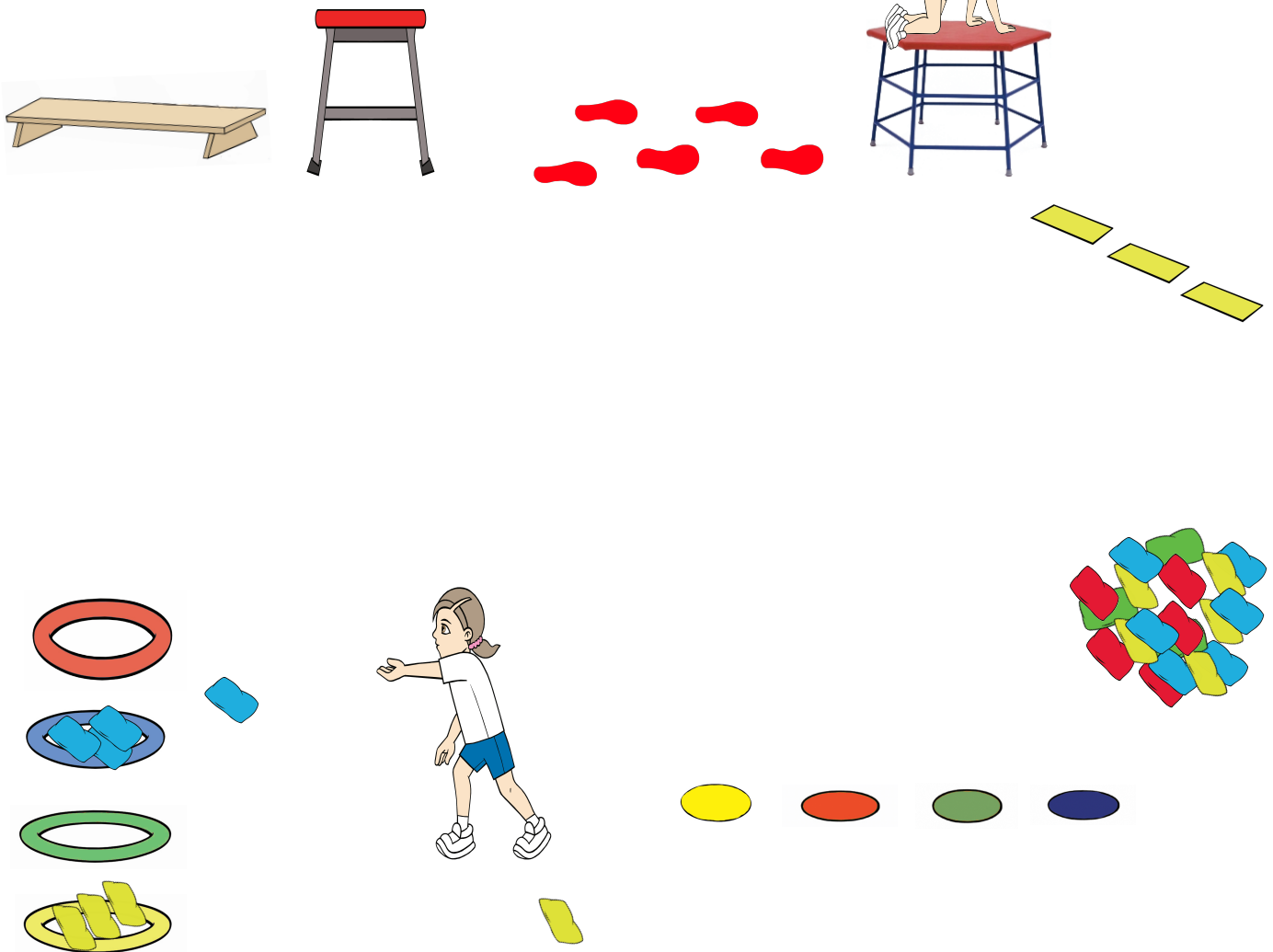
Set out a trail of obstacles that the children will need to go over and under.

Children to follow the trail.

At the end of the trail, they are to pick up a piece of magic (some equipment) and **throw** it into the cauldron. (Hoop or large bucket)

“Find something everyone, throw something in.” The witch says in the story. Children to keep going until all the equipment is in the cauldron.

Extension: Add 4 different coloured hoops and the children are to **throw** the correct colour beanbag into the hoop.



ACTIVITY 2: Circle Time



Negotiate Obstacles



Demonstrate balance

Children to stand in a circle around the **“cauldron.”**

Explain to the children they need to perform a magical spell to make the magic work. There are 4 magic words, they need to say the word and then perform the action.

“Iggerty” - Crouch down

‘Ziggerty’ - Run on the spot

“Zaggerty” - Turn around in a circle

“Zoom” - Jump as high as you can with your arms stretched up high above your head

Repeat the words and the actions a few times. This can be chant for a magic spell.

The teacher can then pretend they are the witch and stir the cauldron. While the children continue chanting the magic spell.

You can show the children the New Broom and/or give every child a broom to colour in - see resources.



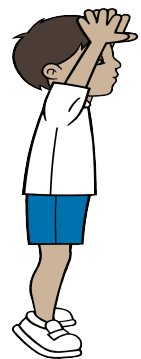
“Iggerty”



‘Ziggerty’



“Zaggerty”



“Zoom”

COOL DOWN

Children to move around flying slowing on their broomsticks, if the teacher calls “whoosh” the children are to disappear (curl up slowly into a small ball)