

Year 6 Indoor Athletics

Success Criteria/Unit Endpoints	Names/Initials
I can perform the standing triple jump with control and perform a javelin throw with good control	
I can complete each test successfully, measure and record scores accurately	
I can continue the speed bounce for the 30 seconds without stopping keeping my body upright to help with balance	
I can drive forwards or upwards using my arms and legs to generate power, running on the balls of my feet	
I can compete with determination, confidence and encourage others and record my own result	
I can perform the standing triple jump with control and perform a javelin throw with good control	

END OF KS2 ATTAINMENT TARGETS

- Can use running, jumping, throwing and catching in isolation and in combination.
- Has developed flexibility, strength, technique, control and balance.
- Can communicate and collaborate with others in a variety of activities.
- Can compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Can evaluate performance and recognise their own success.