

Year 6 Athletics

Success Criteria/Unit Endpoints	Names/Initials
I can accelerate quickly with speed and control in movement	
I can throw a javelin/vortex with height and distance	
I can perform a jump with control and some distance	
I can pace myself when running over longer distances	
I can push a tennis ball/shot put with height and distance	
I can pass and receive a relay baton with control and timing	

ATTAINMENT TARGETS

- Can use running, jumping, throwing and catching in isolation and in combination.
- Has developed flexibility, strength, technique, control and balance.
- Can communicate and collaborate with others in a variety of activities.
- Can compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Can evaluate performance and recognise their own success.