

Year 4 Multi-skills

Success Criteria/Unit Endpoints	Names/Initials
<p>I can complete each test successfully, measure and record one another's scores accurately</p>	
<p>I can balance equipment on varying body parts while moving confidently</p>	
<p>I can change direction at speed in an efficient and effective manner</p>	
<p>I can co-ordinate my body efficiently to perform a combination of movements or actions</p>	
<p>I can hop with speed on either leg, keeping control</p>	
<p>I can complete each test with confidence and get more than one PB</p>	

YEAR 4 ATTAINMENT TARGETS

- Can use running, jumping, throwing and catching in isolation
- Has developed flexibility, control and balance
- Can communicate with others during physical activities
- Can compare their performances with previous ones
- Can recognise their own success