

Year 3 Multiskills

Success Criteria/Unit Endpoints	Names/Initials
I can understand and complete each test successfully, measure and record one another's scores	
I can balance equipment on varying body parts, and balance on one leg	
I can change direction at speed	
I can co-ordinate my body to perform a combination of movements or actions	
I can balance an object while moving, roll, throw and catch two objects, travel and change direction at speed	
I can complete each test successfully and get one PB	

YEAR 3 ATTAINMENT TARGETS

- Can use running, jumping, throwing and catching in isolation.
- Has begun to develop flexibility control and balance.
- Is beginning to communicate with others during physical activities.
- Is beginning to compare their performances with previous ones.
- Can begin to recognise their own success.