

Year 3 Athletics

Success Criteria/Unit Endpoints	Names/Initials
I can pump/swing my arms fast (hip to lip) when running, keep my head still and keep my body trunk upright	
I can stand in the correct stance while holding the javelin/vortex	
I can perform a hop, step and jump	
I can run over an obstacle/hurdle at some speed	
I can stand in the correct stance for shot put	
I can pass a relay baton with some control	

**YEAR 3 ATTAINMENT TARGETS**

- Can begin to use running, jumping, throwing and catching in isolation and in combination.
- Has begun to develop flexibility, control and balance.
- Is beginning to communicate with others during physical activities.
- Can begin to perform dances using movement patterns.
- Can begin to recognise their own success.

