

Year 1 Indoor Athletics

Success Criteria/Unit Endpoints	Names/Initials
I can jump from two feet to two feet	
I can jump side to side, keeping my balance	
I can chest push to my partner and move further away in distance	
I can bend my knees and push off when jumping	
I can co-operate, work as part of a team and cheer my teammates on	
I can compete and get at least one Personal Best in the speed bounce	

END OF YEAR 1 ATTAINMENT TARGETS

- Has begun to master basic movements such as running and begin to apply these in a range of activities
- Has begun to master basic movements such as jumping and begin to apply these in a range of activities
- Has begun to master basic movements such as throwing and begin to apply these in a range of activities
- Can begin to compete against self/others in a range of increasingly challenging situations