Year 1 Gymnastics	
Success Criteria/Unit Endpoints	Names/Initials
l can perform a shape with a strong body and control	
l can perform a jump with a strong body and control	
I can perform a Tuck roll and a Tuck rock with control	
I can balance on different parts of my body, holding the balance for 3 seconds	
I can perform a bunny hop through the crater placing hands in first, then feet	
I can perform a sequence with control and a strong body	

END OF YEAR 1 ATTAINMENT TARGETS

- Has begun to master basic movements such as jumping
- Has begun to demonstrate agility, balance, co-ordination
- Can begin to compete against self/ others in a range of increasingly challenging situations

