

Year 1 Ball Skills

Success Criteria/Unit Endpoints	Names/Initials
I can stop a ball using either the sole or inside of my feet	
I can attempt to pass a ball using the inside of my feet	
I can dribble a ball using my feet with some control	
I can roll a ball at a target with some success	
I can underarm throw a ball at a target with some success	
I can sometimes catch a ball	

I can pass a ball with success	

I can bounce a ball with some control	

I can throw a ball to score	

I can move with some control with a ball in my hands	

I can throw a ball in different directions with some control	

I can run and attempt to get past a defender to score	

**END OF YEAR 1 ATTAINMENT TARGETS**

- Has begun to master basic movements such as running and begin to apply these in a range of activities
- Has begun to master basic movements such as throwing and begin to apply these in a range of activities
- Has begun to master basic movements such as catching
- Has begun to cooperate in physical activities
- In team games, begin to develop simple tactics for attacking and defending
- Can begin to compete against self/others in a range of increasingly challenging situations