# DANCE LESSON 5 & 6

Year 6

**Equipment:** 

**Equipment: Props** 

Track 1 Track 2

Learning Intention: How can you **collaborate** with a group to create a dance performance?

Yr 6

I can collaborate to create a dance performance.

I can collaborate to create a dance performance displaying a range of dance elements.

I can collaborate and lead to create a dance performance displaying a variety of elements with confidence.

Yr 5 Key Words: Relationships, space, dynamics, elements, matching, mirroring, energy, speed, flow, collaborate, stimulus.

Yr 6 Key Words: Transition, contact, proximity, complement, contrast, continuous, robotic, acceleration, deceleration, communicate.

## WARM UP

# **Track 1 Warm up music**

- 1. In their pairs, children are to create 3 rhythms using hand, feet, thighs etc.
- 2. Then children skip, jump, gallop around the area.
- 3. When the teacher pauses the music and says the command word Rhythm 1, Rhythm 2 or Rhythm 3, the children perform that rhythm.

## Rules of the game:

- They must use a **space** or **relationship** element with their partner e.g.

**Space:** Can the children use different levels, directions or size of movement to their partner?

**Relationships:** Which of the movements could include either matching/mirroring? Can they use different formations on the pose e.g. back to face, face to face, side by side? Contact, Complement and contrast, proximity.

# **ACTIVITY 1: Collaborate**

#### 1. Children to watch the video clip

https://youtu.be/ik8jlCj8juc?si=P6qK8LQliuEV-tPA (Please note this is an external link to PPP)

Timings: 28 seconds- 1.15

Q&A: How do you think they **collaborate** as a team and use the dance elements of **space**, **relationships** and **dynamics** to make this work?

Good teamwork, listening to each other, good timing, focus, watching each other, awareness of **space**, precision, control of movement- and lots of practise!

2. Children to explore creating a dance with a ball/basketball - incorporating as many of the dance elements into their routine as they can. Encourage good teamwork and collaboration when creating/choreographing this.

## **ACTIVITY 2:**

Children to collaborate in their groups of 4 - to rehearse and link all their dances together.

- 1. Lesson 2- Paired activity.
- 2. Lesson 3- Props in 4's.
- 3. Lesson 4 **Space element.**
- 4. Lesson 5 Basketball collaboration dance.

Collaboration: Can the children help each other and ensure that everyone within their group is confident when performing their collaboration dance?

Linking Learning: Children to think about everything they have learned over the 5-6 weeks and how they can include the key **elements** into their dance:

Dynamics Relationships Space

# **ACTIVITY 3: (Performance)**

- 1. Split the class into two groups. One half to dance and the others to watch.
- 2. Teacher to spread out the groups and count them in to the music.
- 3. Children can be mini-coaches and give feedback to the performers. Did you enjoy the performance and if so, why?

What elements did you enjoy most? Relationships, Space and Dynamics

4. Swap over.

#### **COOL DOWN**

Children move around the room, changing the speed of travel from a fast to a slow walk to bring their heart rates down.

## **PLENARY**

Did you enjoy the stomp dance scheme? How did you **collaborate** with each other to adapt or create/ choreograph your new dance?

