

DANCE LESSON 5 & 6

Year 5

Equipment:

Equipment: Props
Track 1
Track 2

Learning Intention: How can you '**collaborate**' with a group to make a dance performance?

Yr 5

I can begin to collaborate with a group to create a dance performance.

I can collaborate to create a dance performance.

I can co-operate and collaborate to create a dance performance displaying a range dance elements.

Yr 5 Key Words: Relationships, space, dynamics, elements, matching, mirroring, energy, speed, flow, collaborate, stimulus

WARM UP

Track 1 Warm up music

1. In their pairs, children are to create 3 rhythms - using hand, feet, thighs etc.
2. Then children skip, jump, gallop around the area.
3. When the teacher pauses the music and says the command word Rhythm 1, Rhythm 2, or Rhythm 3, the children perform that rhythm.

Rules of the game:

- They must use a **space** or **relationship** element with their partner e.g.

Space: Can the children use different **levels, directions, or size of movement to their partner?**

Relationships: Which of the movements could include either **matching/mirroring?**
Can they use different **formations** on the pose? e.g. back to face, face to face, side by side.

ACTIVITY 1: Collaborate

1.Children to watch the video clip

<https://youtu.be/ik8jICj8juc?si=P6qK8LQliuEV-tPA> (Please note this is an external link to PPP)

Timings: 28 seconds- 1.15

Q&A: How do you think they **collaborate** as a team and use the dance elements of **space, relationships and dynamics** to make this work?

Good teamwork, listening to each other, good timing, focus, watching each other, awareness of **space**, precision, control of movement- and lots of practise!

2. Children to explore creating a dance with a ball/basketball - incorporating as many of the dance elements into their routine as they can. Encourage good teamwork and collaboration when creating/choreographing this.

ACTIVITY 2:

Children to **collaborate** in their groups of 4 - to rehearse and link all their dances together

1. Lesson 2- paired activity.
2. Lesson 3- props in 4's.
3. Lesson 4 - **Space element**.
4. Lesson 5 - Basketball - **collaboration** dance.

Collaboration: Can the children help each other and ensure that everyone within their group is confident when performing their collaboration dance?

Linking Learning: Children to think about everything they have learned over the 5-6 weeks and how they can include the key **elements** into their dance:

Dynamics
Relationships
Space

ACTIVITY 3: (Performance)

1. Split the class into two groups. One half to dance and the others to watch.
2. Teacher to spread out the groups and count them in to the music.
3. Children can be mini-coaches and give feedback to the performers. Did you enjoy the performance and if so, why?

What **elements** did you enjoy most? **Relationships, Space and Dynamics.**

4. Swap over.

COOL DOWN

Children move around the room, changing the speed of travel from a fast to a slow walk to bring their heart rates down.

PLENARY

Did you enjoy the stomp dance scheme?
How did you **collaborate** with each other to adapt or create and choreograph your new dance?

