

EQUIPMENT:

Track 1 Warm up
Track 2: Air Raid Siren
Track 3: Declaration of War
Track 4:
Farewell, Battle, Mourning,
Going Home

Learning Intention: How can you dance in '**canon**' when performing a dance?

Yr 4

I can dance in canon when performing with a group

I can dance in canon when performing with a group and show a simple movement patterns

I can dance in canon with a group and perform a range of movement patterns, showing good control

Yr 3 Key words: Unison, energy, canon, expression, feedback, formations, pathways

Yr 4 Key words: Improve, direction, choreograph, timing, fluency, mini coach, performance

WARM UP

Track 1

Recap **Canon**. One after another - like a domino effect. Can be the same or a different move.

In pairs, **create** an energetic warm-up that increases the heart rate.

One child is the leader, the other follows in **canon**.

Moves they could use are; star jumps, lifting knees up, burpees, running on the spot etc.
Switch over the leader.

1. Children to join another pair to make a group of four. Label themselves 1-4.
2. Child number 1 performs a move, then child 2 copies the same move.
3. Then the group continues in **canon** e.g.

Child 1 - star jump

Child 2 - star jump

Child 3 - star jump

Child 4 - star jump

Repeat above, however this time they perform it in canon with a different move e.g.

Child 1 - star jump

Child 2 - high knees

Child 3 - running on the spot

Child 4 - burpees

ACTIVITY 1: Going home

TRACK 4

The next phase of the dance is where the soldiers go back home.

Ideas for moving in **canon**:

- Salute one after another
- Bend down show a prayer (one after another)
- Laying down flowers (one after another)

Note: they only have to show a small part of their dance in **canon**. Remind them they are telling a story through their dance.

Children to remember to move in time to the music

Challenge: Can they show emotion and **expression** when moving to the music?

Encourage the children to perform with **fluency, expression** and **control**.

ACTIVITY 2: Recap dances

TRACKS 2, 3 & 4

In their groups, the children recap the dances they have learned so far ready for the next lesson;

1. Starting positions
2. Air Raid - Track 2
3. Declaration of War- Neville Chamberlain Speech - Track 3
4. The Farewell - Track 4
5. The Battle - Track 4
6. Mourning - Track 4
7. Going Home - Track 4

COOL DOWN

Children to move around slowly using their favourite WWII movement.

PLENARY

What did you enjoy about today's lesson? What was important when you performed in **canon**?