

Learning Intention: How can you dance in 'canon' when performing a dance?

Yr 3

I can sometimes dance in canon when performing with a group

I can dance in canon when performing with a group

I can dance in canon with a group performing a range of movement patterns

## EQUIPMENT:

Track 1 Warm up

Track 2: Air Raid Siren

Track 3: Declaration of War

Track 4:

Farewell, Battle, Mourning,  
Going Home

**Yr 3 Key words: Unison, energy, canon, expression, feedback, formations, pathways**

## WARM UP

### TRACK 1

**Q&A:** What is **canon**? **Canon** is people performing the same or different moves one after another.

In pairs, the children each take it in turns to become the leader and **create** an energetic warm-up that increases their heart rates.

One child is the leader, the other follows after in **canon**.

Moves they could use are star jumps, lifting knees up, burpees, running on the spot etc.

Switch over the leader.

Teacher to show an example of different types of **canon**. Get into groups of four:

1. All crouch down, then they stand up one at a time in a star shape (same move)
2. Repeat again showing a different shape when they stand up (different move)

## ACTIVITY 1: Going home

TRACK 4

The next phase of the dance is where the soldiers go back home.

Ideas for moving in **canon**:

- Salute one after another
- Bend down show a prayer (one after another)
- Laying down flowers (one after another)

**Note:** they only have to show a small part of their dance in **canon**. Remind them they are telling a story through their dance.

Children to remember to move in time to the music

**Challenge:** Can they show emotion and **expression** when moving to the music?

## ACTIVITY 2: Recap dances

TRACKS 2, 3 & 4

In their groups, the children recap the dances they have learned so far ready for the next lesson;

1. Starting positions
2. Air Raid - Track 2
3. Declaration of War- Neville Chamberlain Speech - Track 3
4. The Farewell - Track 4
5. The Battle - Track 4
6. Mourning - Track 4
7. Going Home - Track 4

### COOL DOWN

Children to move around slowly using their favourite WWII movement.

### PLENARY

What did you enjoy about today's lesson? What was important when you performed in **canon**?