Greatest Showman LESSON 3

Year 6

Learning Intention: How can you use 'space' when performing a dance?

Yr 6

I can show some 'space' elements in my dance I can show a variety of 'space' elements in my dance Equipment/ Props Hats,ribbons, hoops. Music: Come Alive

Equipment:

I can incorporate a variety of 'space' elements and perform with confidence, control and fluency

Yr 5 Key Words: Relationships, space, dynamics, elements, matching, mirroring, energy, speed, flow, collaborate, stimulus

Yr 6 Key Words: Transition, contact, proximity, complement, contrast, continuous, robotic, acceleration, deceleration, communicate

Awareness of space through warm up

Suggested Music: Track 1

In groups of four, create an aerobic dance warm up. Today we are going to recap the **space** element of dance.

What does the concept of **space** mean in dance? This refers to **WHERE** the dancer moves. Here are some examples: **Level** (**high**, **medium** or **low**), **Size** (**big** or **small movements**), **Direction** (**e.g forward back**, **left and right**), **Pathway** (**moving from A to B e.g. straight**, **curved**)

1. Can you try and add each of the below into your warm up?

Levels:

Low - squat thrusts.

Middle - lunges.

High - star jumps.

Size of movement:

Small movement - shoulder lifts. Large movements - high knees.

Direction:

- Face different directions.
- Travel in different directions; e.g. forward or back and from side to side.

Pathway (A to B):

- Straight stepping forward, backwards.
- Sideways right and left e.g. grapevine.
- Free form any pathway you would like to use.

ACTIVITY 1: The Greatest Props Ribbon!

Suggested Music: Come Alive

Suggested music timing for this activity: Start to 1min 25seconds

- 1. Teacher to hand out ribbons to the children. (If you don't have ribbon, chiffon material or something similar will work well.)
- 2. Teacher puts on the music and as the children walk around they are asked to LEAP, JUMP, TURN SLIDE POSE, ROLL, KNEEL, BALANCE, LUNGE.

Space elements they can use:

Levels- e.g. low, medium and high

Direction- encourage children to face and travel in different directions

Size of Movement- Can the ribbon actions have larger and smaller movements?

Pathways- Travel to different places in the room with the ribbon

ACTIVITY 2: The Greatest Props Hats!

Suggested Music: Come Alive Suggested music timing for this activity: Start to 1min 25seconds

MUSIC: Track 2 – Come Alive

Repeat activity 1, but change the prop to a hat/cone.

TP: Remind the children to think of how they use the **space** when moving around.

Choose some good examples to demonstrate.

ACTIVITY 3: The Greatest Props Hoops!

Suggested Music: Come Alive Suggested music timing for this activity: Start to 1min 25seconds

MUSIC: Track 2 – Come Alive

Repeat activity 1, but change the prop to a hoop.

TP: Remind the children to vary their use the **space** when moving around.

ACTIVITY 4:The Greatest Moves!

Suggested Music: Come Alive Suggested music timing for this activity: Start to 1min 25seconds

In a group of 4:

- 1. Watch Video 2 using hoops
- 2. Children choose their favourite prop to work with and create their own movements with their chosen prop.

Space elements they can use:

Levels- e.g. kneeling, turning, stepping through the hoop Direction- encourage children to face and travel in different directions Size of Movement- Can their actions have larger and smaller movements Pathways- Different ways of travelling such as circles, lines, free form

Linking learning: Can you bring in the relationship elements into your dance e.g. Formations, Unison, Canon, Matching, Mirroring

Challenge: Can you use more than one area of the stage and link with transitions? e.g. Children in circle formation on right hand side of the stage and transition to a line formation on the left hand side of the stage. They could transition using Levels (rolls, leaps), Pathways (zig zag, curved) etc...

ACTIVITY 6:The Greatest Show!

MUSIC: Track 2 - Come Alive

Suggested Music: Come Alive
Suggested music timing for this
activity: Start to 1min 25seconds
(or as long as they need to
complete their performance.

- 1. Split the class into two. One half to dance and the others to watch.
- 2. Teacher to spread out the groups and count them in to the music.
- 3. Children can be mini-coaches and give feedback to the performers. What was their favourite act and why? Who used the prop well? Can you describe the use of **space** in their dance?
- 4. Swap over.

COOL DOWN

Children move around the room, changing the speed of travel from a fast to a slow walk to bring their heart rates down.

PI FNARY

How did you show **space** in your dance? What did you enjoy the most about using a prop? What have you learnt about performing with a prop? How did you use **space** to perform your dance?

