

# ECO WARRIOR DANCE (LESSON 6)

# Yr 6

Learning Intention: How can you collaborate with a group to make a dance performance?

## Resources:

Music track 1: Warm-up music

You will need Music Track 1-6 – it is a decision which music each group uses. Or the teacher can decide on ONE piece of music from all 6 that will work for simplicity.

Yr 6

I can collaborate to create a dance performance

I can collaborate to create a dance performance displaying a range of dance elements

I can collaborate and lead to create a dance performance displaying a variety of elements with confidence

**Yr 5 Key Words: Relationships, space, dynamics, elements, matching, mirroring, energy, speed, flow, collaborate, stimulus**

**Yr 6 Key Words: Transition, contact, proximity, complement, contrast, continuous, robotic, acceleration, deceleration, communicate**

## Starter

Discuss all of the lessons in the scheme and remember as a class the topics that have been covered and the work that has been created.

Factory conveyor belt  
Vehicles  
Landfill pollution pile  
Pollution pair dance  
Energy dance  
Renewable energy dance  
Poetry dance – Destroying our Planet Dance  
Saving our planet dance

## Starter & Warm Up

## Suggested Music: Track 1

Music Track 1 – Warm-up music

Children in groups of 4 or 5.

They each take it in turns to become the leader and create an energetic warm-up that increases their heart rates.

The rest of the group to follow e.g. star jumps, lifting knees up, burpees, running on the spot etc.

Switch over until each person in the group has led a warm-up move.

## ACTIVITY 1: Planning & Creating

The children get into their groups of 4-8. They discuss the favourite piece of work they have created across the 6 weeks and decide on what they would like to put into their performance and in what order.

TP: Encourage the children to think about a logical order to make it into a story. Give some examples on the board for them. Give them plenty of time to discuss – approx' 10 minutes.

### Example 1:

Conveyor belt dance  
Landfill pollution pile  
Pollution pair dance  
Save our planet dance

### Example 2:

Energy dance  
Renewable energy  
dance  
Save Our Planet dance

### Example 3:

Landfill Pollution Pile  
Pollution pair dance  
Poetry dance  
Save our Planet dance.

**Make it easier:** The teacher to suggest only 2 or 3 sections to work on and gives the group an order.

**Make it harder:** The children choose between example 1, 2 or 3 and use the work already created.

**Challenge:** The children create their own order and maybe add new ideas not yet explored or, develop existing ideas further.

**Super Challenge:** Make this a whole class performance. This would mean the whole class is involved in the dances you choose, which would have to be adapted accordingly.

## ACTIVITY 2: Practising

The children are given plenty of time to create and plan – approximately 30 minutes or even a whole lesson.

Ensure they all **collaborate** with each other and each have input in the dance.

Remind the children to try and incorporate as many of the **dance elements** as they can:

**Relationships**  
**Space**  
**Dynamics**

You will need Music Track 1-6 – it is a choice which music each group uses. Or choose for them and decide on ONE piece of music from all 6 that will work and create ease.

Each group takes it in turn to perform both of their dances together. It is important this is done separately in order to focus on the stories being told. If you have decided on a whole class performance it is recommended you film it and watch it back together.

**Make it easier:** Teacher to count the groups in to the music.

Children can be mini-coaches and give feedback to the performers.

What did they like about the performance? Had they planned it well?  
Did they have a clear story? Message? Order? A variety of dance elements?

Swap over.

#### COOL DOWN

Children move around the room, changing the speed of travel from a fast to a slow walk in order to bring their heart rates down.

#### PLENARY

Did you enjoy creating your own Eco-Warrior dance? What important messages have you learnt? How did you collaborate to perform your dance?