

**Prior Learning:** In year 5, children continued to master their dance skills and create/choreograph their own dances incorporating key dance elements; Relationships, Space and Dynamics. They began to refine their dance movements and attempted to perform with precision, control and fluency

## Key Skills

### Physical Me:

Co-ordination	Skip
Balance	Gallop
Agility	Jump
Strength	Hop
Power	Speed
Flexibility	Control

### Value Me:

- Patience
- Courage
- Creativity

### Thinking Me

- Evaluate and improve my dancing

### Social Me

- Co-operate with others
- Respect others performing

### Healthy Me:

- Warm ups
- Pulse raiser
- Cool down



## Key Vocabulary

Transition

Proximity

Complement

Contrast

Contact

Continuous

Acceleration

Deceleration

Robotic

Communicate

## Key Knowledge

**Relationships** - **WAY** in which dancer moves with others. In year 5 we learned **matching and mirroring, unison and canon and formations**

**New relationship elements for year 6....**

**Contact**- using contact to support/dance with each other

**Proximity**- How near or far you are from each other

**Contrast**- Opposite movements to each other

**Complement**- Actions might be different but look good together

**Transition** - is a movement, passage, or change from one position to another

**Dynamics** -**HOW** the dancer moves  
e.g **Energy, Speed and Flow**

**Space** This refers to **WHERE** the dancer moves  
**Levels, Size of movement, Direction, Pathways.**