

Prior Learning: In year 4, children continued to create/choreograph dance. They worked in small groups and began to evaluate and give feedback on performances. They revisited and recapped key movements in their dances including unison, canon, levels, formations and pathways.

Key Skills

Physical Me:

Co-ordination	Skip
Balance	Gallop
Agility	Jump
Strength	Hop
Power	Speed
Flexibility	Control

Thinking Me

- To improve my dancing
- Remember dance movements

Healthy Me:

- Warm ups
- Pulse raiser
- Cool down

Value Me:

- Patience
- Courage
- Creativity

Social Me

- Collaborate with others
- Respect others performing



Key Vocabulary

Relationships

Space

Dynamics

Elements

Matching

Mirroring

Energy

Speed

Flow

Stimulus

Collaborate

Key Knowledge

Space This refers to **WHERE** the dancer moves

Levels:

Low. Medium. High.

Size of movement:

Small movement. Large movements.

Direction:

Face different directions. Travel in different directions.

Pathways

Straight. Sideways. Circular. Free-form.

Relationships -**WAY** in which dancer moves with others

Matching and mirroring:

Match - e.g. stand side by side

Mirror - e.g. stand facing each other

Unison and canon:

Unison - dancing at the same time

Canon- like a domino - one after another

Formations: e.g. side by side square, diamond

Dynamics -**HOW** the dancer moves

Flow

Robotic

Continuous flowing

Energy

Low energy

High energy

Speed

Slow

Fast

Acceleration

Deceleration