

**Prior Learning:** If children took part in LKS2, they continued to develop their teamwork, leadership and communication skills. They learned what the 8 compass are and began to navigate with them. Children began to use co-ordinates to navigate around grids and sample maps. They also began to learn about orienteering, including using a key to represent objects.

## Key Skills

### Physical Me

**Co-ordination**

**Jump, step, hop**

**Balance**

**Walk, run, jog**

### Value Me:

- Teamwork
- Leadership
- Responsibility

### Social Me

- Co-operation
- Organisation
- Good listener
- Encouraging others
- Supporting others
- Collaborate
- Communicate

### Thinking Me

- Problem solving

## Key Vocabulary

Control Point

Strategy

Check point

Boundary

Co-operate

Tactical

Inclusive

Decision

Stamina

## Key Knowledge

**Check Point:** this is a point along a route where participants record that they have arrived at this point

**Control Points:** this is the same as a check point and term only used in orienteering

**Strategy:** this is finding a method or a plan to complete a challenge

**6-figure grid reference:** A co-ordinate made of the numbers labelling grid lines and the distance horizontally and vertically within the square of the map the specific location is, to describe locations on a map.



## OAA

Outdoor and adventure activities are mainly non-competitive and offer alternative ways to enjoy a healthy approach to recreation and outdoor activities.

The outdoor and adventure activities strand has many links with the Geography curriculum.