

EQUIPMENT:

skipping ropes, pegs
Ropes/strong cords
Hoops/quits
Markers/throw down spots

Learning Intention: *How can you collaborate with your peers to achieve a task?*

I can communicate and collaborate with my peers to achieve a task

I can communicate, collaborate and listen to my peers to achieve a task,

I can communicate and collaborate with my peers and take on a leadership role when achieving a task

WARM UP: Paper, scissors, stone.

Play paper, scissors stone. Whole class.

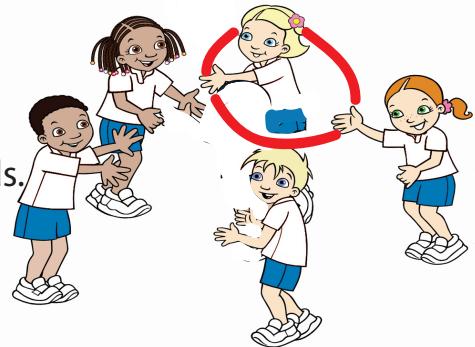
1. Start in a pair.
2. Play paper, scissors stone

If you **lose**, you run to the end of the hall/ playground and back.

If you **win**, stay to play someone else- keep going until the whole class is warmed up!

ACTIVITY 1: Hoop Challenge

1. Teacher to put children in groups of 5/6
2. Children to all to stand in a circle and link hands.
3. Place a hoop between 2 of the children's linked hands.
4. The aim is to get the hoop around the whole group without letting go of each others hands.



Challenge 1: Try and get the hoop around without letting go

Challenge 2: Now try and get it around the other way.

Challenge 3: Make it a race between the teams- which team can do it the the quickest?

Challenge 4: Can the whole class link hands and get 5 hoops round without letting go?

Q&A What is important when working as a team? Communicating and collaborating together.
Listening to your peers.

ACTIVITY 2: Tangled

1. Groups of 5/6 children to stand in a circle
2. Children to place their right hand into the middle and hold hands with another person
3. Now children place their left hand in the middle and hold hands with a different child
4. Children are now to find ways of untangling themselves. Their arms must not be crossed at the end.

Note: You could set up activity 3&4 and children can swap around.

ACTIVITY 3: Spider web

1. Find 2 trees or posts and place two gym mats either side.
2. Use string or rope to create a spiders web between the 2 trees, ensure you have enough space in each hole for a child to get through
3. Try and make 15 spaces.
4. Children are to work together as a team to get each child through the spiders web and through to the other side - they must **NOT** touch the spiders web.
5. Once a space hole through the spiders web has been used, then this cannot be used again
6. You can give the children a bag of pegs so they can mark it once it has been used.
7. If the spiders web is touched, then either, get the whole team to start again or the person touching the web loses a life etc

Note: If you do not have trees at your school, you could use gym equipment/climbing frames to create a spiders web.

Challenge: Create your own rules for the spiders web e.g. Do with one hand behind your back

What other challenges could you make up?

PLENARY

Plenary: *What did you find most difficult about this activity?
How did you work together to achieve the task?*