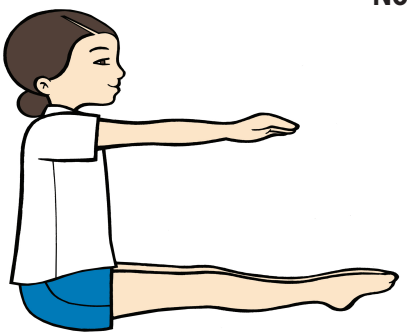
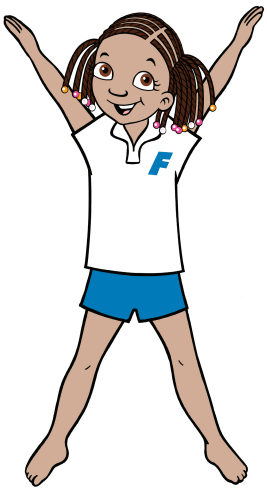
SHAPES

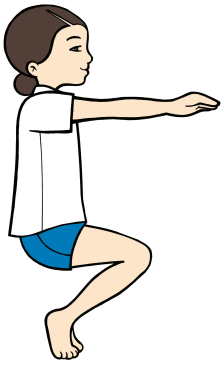
Note: The correct gymnastics name for the shape is in black bold



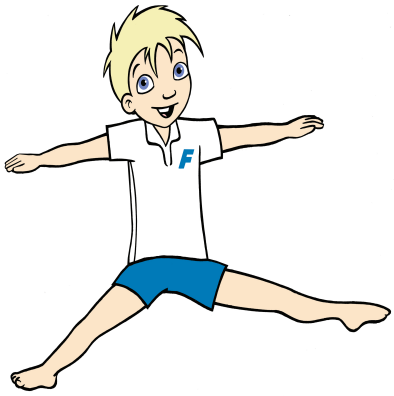
Pike Alien **(pike)**



Star

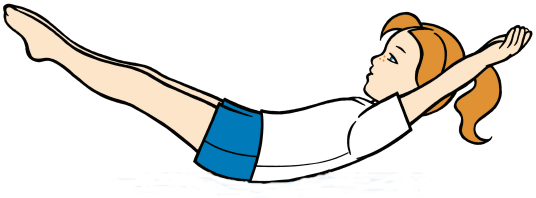


Squat Alien

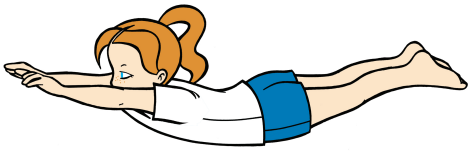


Straddle Star
(Straddle)

Tuck Planet
(Tuck)

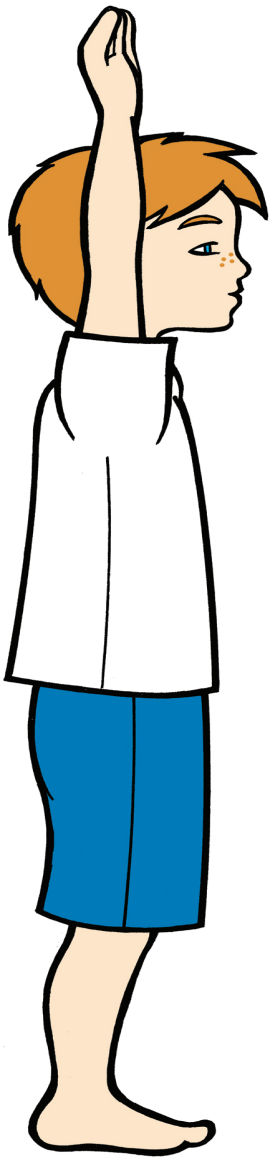


Dish



Arch Alien
(Arch)

Straight Rocket
'like a rocket'



Straight Rocket (Straight)

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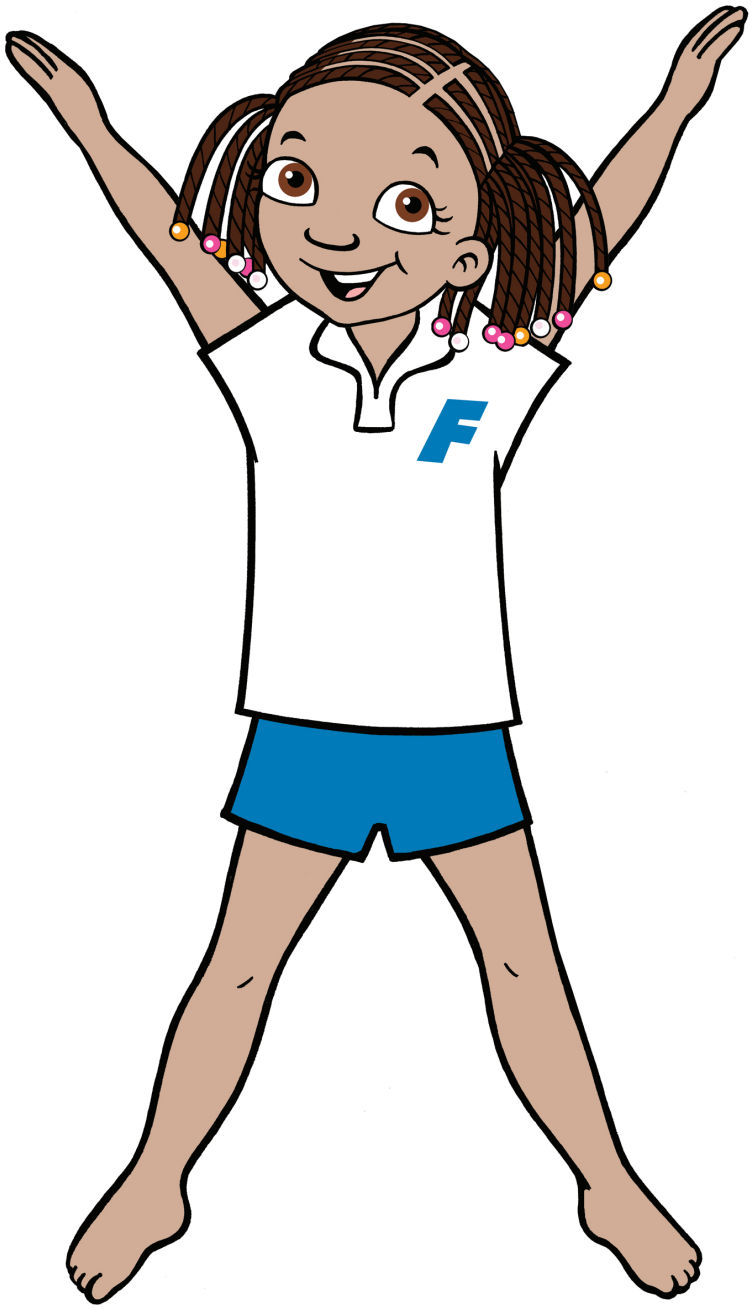

Star

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Tuck Planet (Tuck)

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Pike Alien

(Pike)

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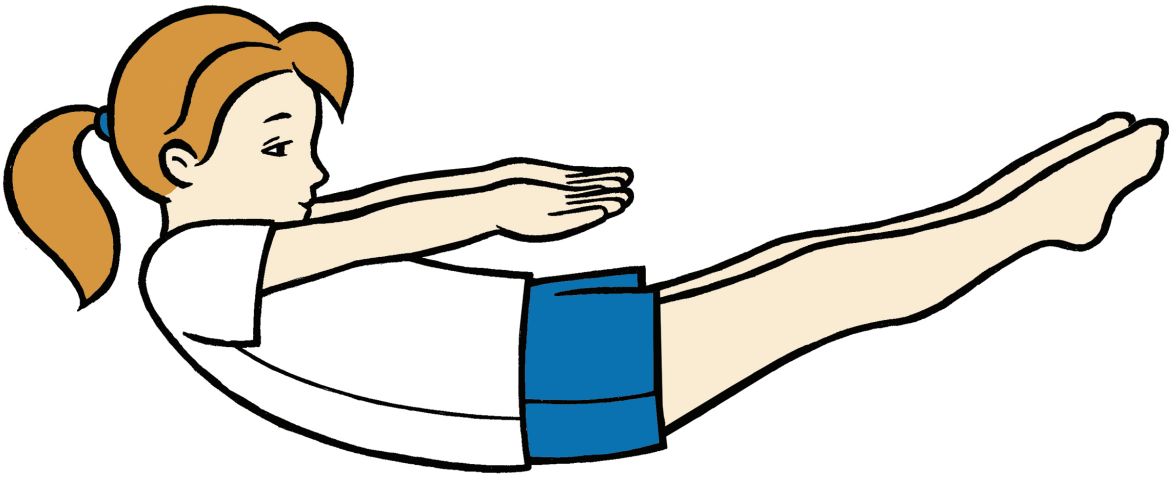

Dish

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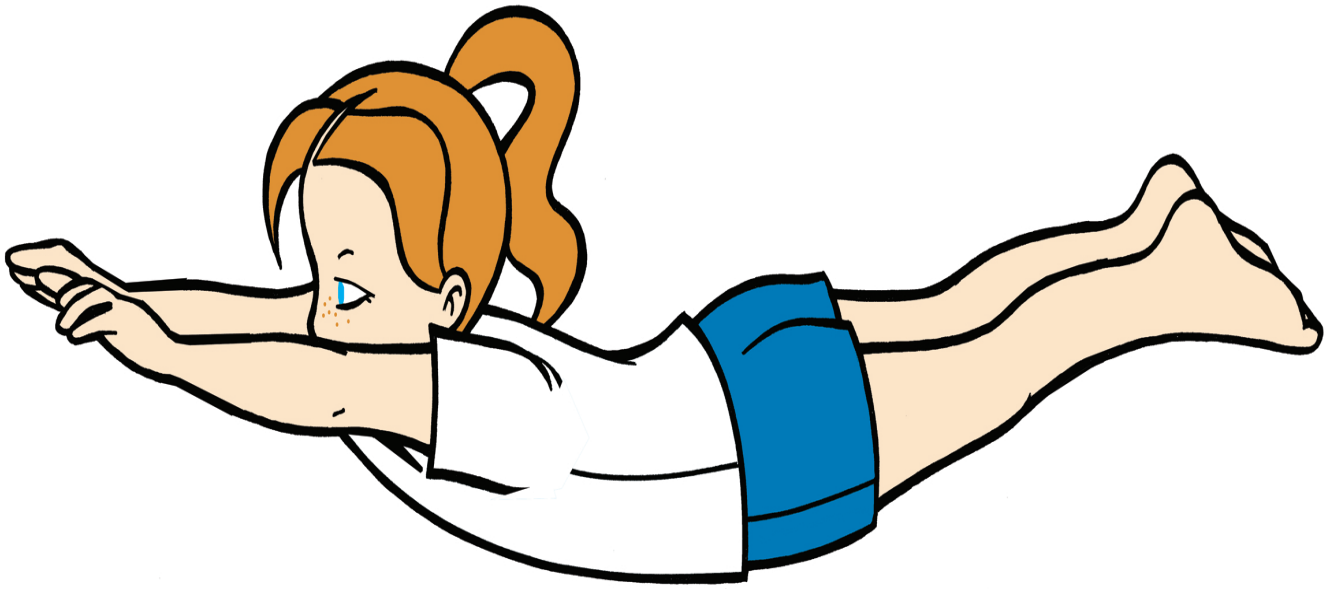

Arch Alien

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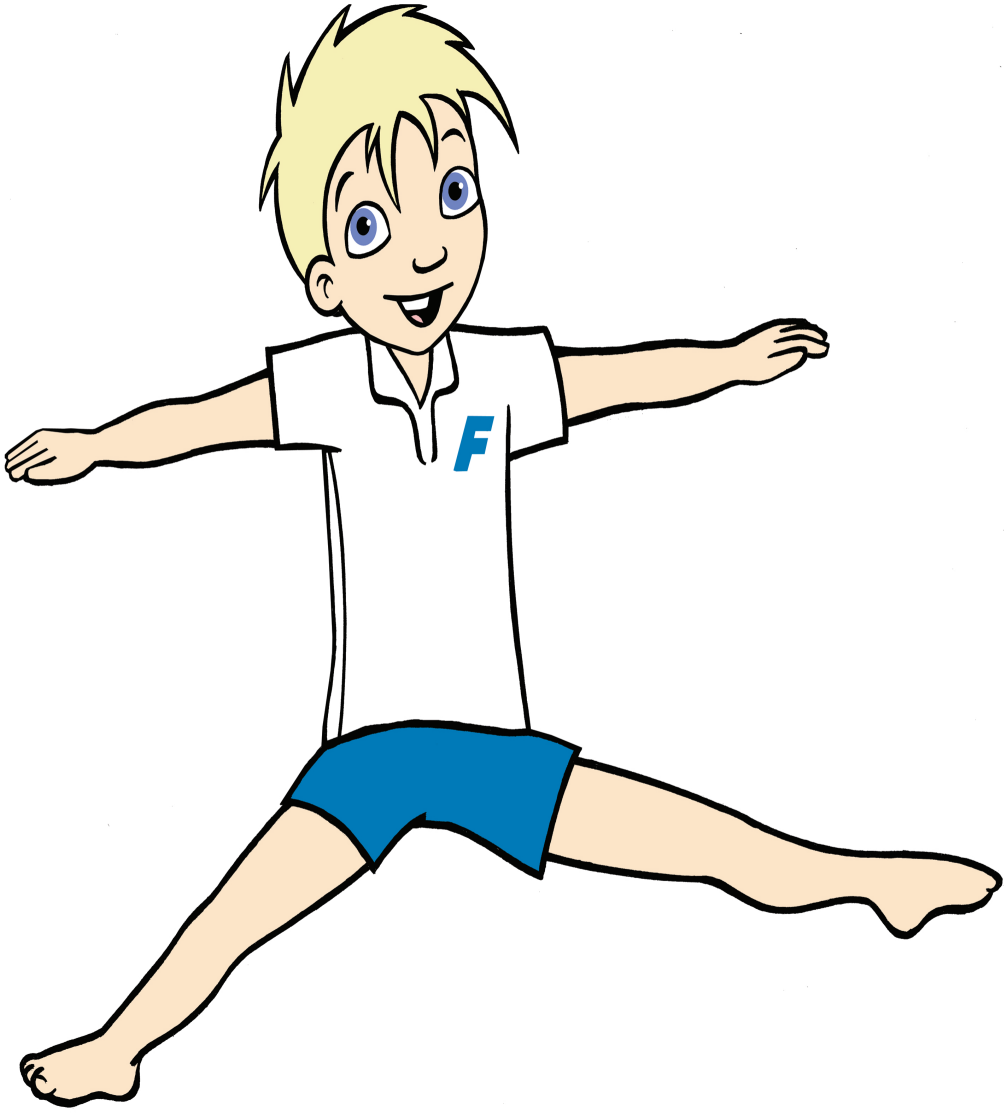

Straddle Star
(Straddle)

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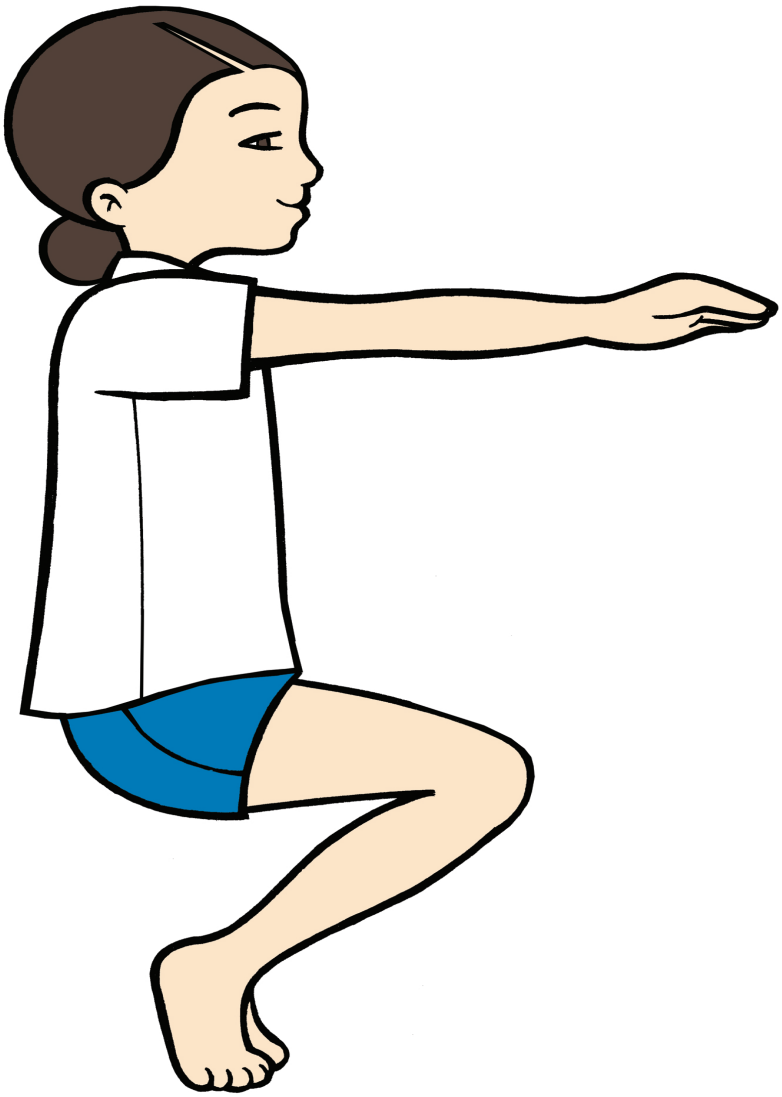

Squat Alien

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