



# PROGRESSION OF KEY SKILLS

## Outdoor Adventurous Activities (OAA)

Early Years	EY
Work with a partner and take turns	
Listen attentively to a partner	
Negotiate space and obstacles safely	
Move energetically, such as running, jumping, hopping, skipping and climbing	
Have the confidence to try new activities and show resilience to challenge	
Develop strength, balance and co-ordination when completing tasks	

1	Year 1
	Begin to work with a partner to meet a challenge
	Use communication to guide your partner through a course when blindfolded
	Begin to travel in different directions under instruction, to locate treasure with a partner
	Identify ways of travelling to include hopping, jumping and leaping, whilst using co-ordinates to make maps
	Work as part of a team to match animals to their matching cards
	Continue to develop team skills while attempting to complete a task

Year 2	2
Work within a team to find solutions to cross the river	
Develop the ability to work with a variety of partners, providing instruction while creating an obstacle course	
Begin to use co-ordinates and confidently navigate through a map using North, South, East and West	
Have a basic understanding of how to use a compass and create their own instructions	
Continue to work together as a team and further develop team skills including communication	
Begin to develop individual leadership qualities while completing tasks as part of a team	

3	Year 3
	Use a key to follow a plan
	Communicate with peers to complete challenges
	Know the eight points of the compass
	Identify what is at points on a grid using co-ordinates in the form (letter, number)
	Collaborate with members of a team to begin to solve problems
	Continue to develop leadership qualities while completing tasks as part of a team

Year 4	4
Use a key to accurately place things in the correct locations according to a plan	
Develop different methods of communication to achieve a goal	
Give and follow directions using the eight points of the compass	
Use co-ordinates on a plan to correctly place and locate different objects	
Listen carefully and follow instructions given by teammates	
Lead a team to complete a task	

5	Year 5
	Use a key to identify orienteering landmarks on a map
	Communicate and listen clearly to other members of the team to complete challenges in isolation
	Use compass directions to navigate around a grid
	Use 4-figure grid references to read an OS map
	Work efficiently as part of a team to complete a challenge
	Effectively lead a team to complete a task

Year 6	6
Use a key to follow a route on an orienteering map	
Use clear and concise communication skills to achieve a challenge	
Use compass directions to navigate around a familiar area eg school grounds	
Use 6-figure grid references to read an OS map	
Work as a team to ensure all members are able to complete a challenge at a competitive pace	
Effectively lead a team to complete a task and evaluate their own leadership skills	

