



PROGRESSION OF KEY SKILLS

Outdoor Adventurous Activities (OAA)

Early Years

EY

Work with a partner and take turns
Listen attentively to a partner
Negotiate space and obstacles safely
Move energetically, such as running, jumping, hopping, skipping and climbing
Have the confidence to try new activities and show resilience to challenge
Develop strength, balance and co-ordination when completing tasks



1

Year 1

Begin to work with a partner to meet a challenge
Use communication to guide your partner through a course when blindfolded
Begin to travel in different directions under instruction, to locate treasure with a partner
Identify ways of travelling to include hopping, jumping and leaping, whilst using co-ordinates to make maps
Work as part of a team to match animals to their matching cards
Continue to develop team skills while attempting to complete a task

2

Year 2

Work within a team to find solutions to cross the river
Develop the ability to work with a variety of partners, providing instruction while creating an obstacle course
Begin to use co-ordinates and confidently navigate through a map using North, South, East and West
Have a basic understanding of how to use a compass and create their own instructions
Continue to work together as a team and further develop team skills including communication
Begin to develop individual leadership qualities while completing tasks as part of a team



3

Year 3

Use a key to follow a plan
Communicate with peers to complete challenges
Know the eight points of the compass
Identify what is at points on a grid using co-ordinates in the form (letter, number)
Collaborate with members of a team to begin to solve problems
Continue to develop leadership qualities while completing tasks as part of a team

4

Year 4

Use a key to accurately place things in the correct locations according to a plan
Develop different methods of communication to achieve a goal
Give and follow directions using the eight points of the compass
Use co-ordinates on a plan to correctly place and locate different objects
Listen carefully and follow instructions given by teammates
Lead a team to complete a task



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Year 5

Use a key to identify orienteering landmarks on a map
Communicate and listen clearly to other members of the team to complete challenges in isolation
Use compass directions to navigate around a grid
Use 4-figure grid references to read an OS map
Work efficiently as part of a team to complete a challenge
Effectively lead a team to complete a task

6

Year 6

Use a key to follow a route on an orienteering map
Use clear and concise communication skills to achieve a challenge
Use compass directions to navigate around a familiar area eg school grounds
Use 6-figure grid references to read an OS map
Work as a team to ensure all members are able to complete a challenge at a competitive pace
Effectively lead a team to complete a task and evaluate their own leadership skills

