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ROGRESSION OF KEY SKILLS

Dance

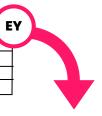
arly Years

Moving in time to happy and sad music

Experiment with different ways of moving

Experiment with actions at different levels

Moving around as different characters or animals to the music





Year 1

isten to the music and begin to move in time to i

Perform basic dance movements

Perform dance movements showing some levels

Perform basic dance travelling movements e.g. stepping, skipping, jumping

Perform simple dance moves with some control

Year 2

Move in time to the music showing some expression

Perform dance movements with control

Perform dance movements showing a variety of levels

Perform dance movements showing travelling in different directions e.g. sliding, turning, gesturing

Remember simple dance steps, perform with control in time to the music





Year 3

Collaborate to make a dance warm up

Use a stimulus to create a dance

Dance in unison with a partner

Perform in canon with a group

Use some different levels and pathways

Year 4

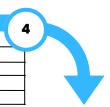
Cooperate to make a dance warm up and take on a leadership role

Respond imaginatively to a stimulus

Dance in unison with a partner/group performing a range of movement patterns

Perform in canon showing a range of movement patterns

Perform a variety of levels and pathways in a dancel





Year 5

Co-operate and collaborate to create a warm up displaying a variety of movement patterns

Translate ideas from a stimulus showing control and fluency

Dance in unison in a group keeping in time with each other

Dance in canon showing good timing

Perform using a variety of levels and using the space

Year 6

Co-operate, communicate and collaborate with a group to make up a warm up with good rhythm and timing

<u>Franslate ideas from a stimulus into movement showing expression, precision, control and fluency</u>

Dance in unison in a group showing good timing, energy and strength

Dance in canon in a group showing good timing, energy and strength

Use levels, travelling and space with timing and musicality

