

**PROGRESS-O-METER TARGET**

**GYMNASTICS  
YEAR 2**

This framework should be adapted by the teacher to meet the learning requirements of the class



**LESSON 6**  
How can you perform a shapes, jump and balance sequence using various apparatus?

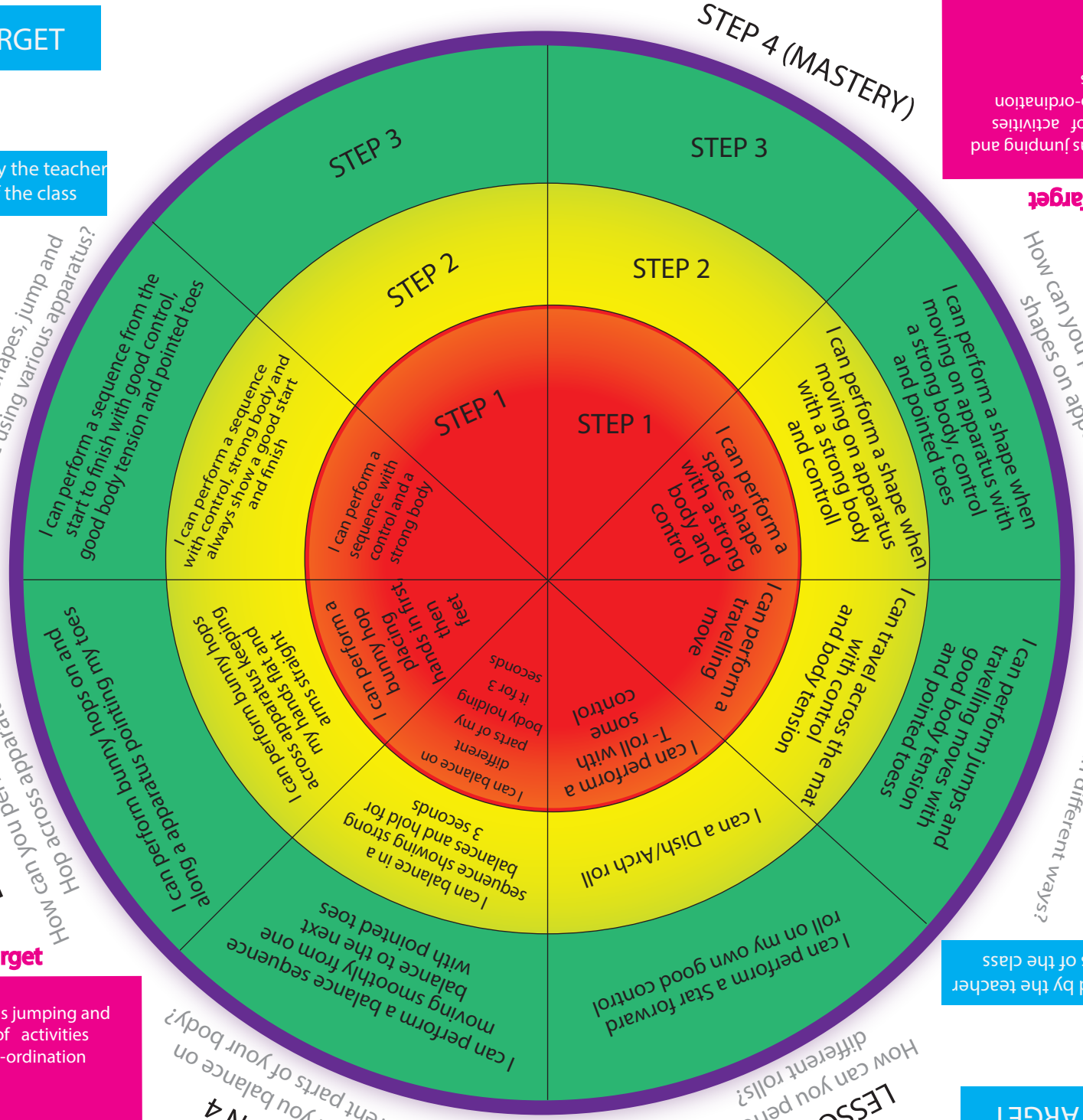
**LESSON 5**  
How can you perform a Bumpy Hop across apparatus?

**LESSON 4**  
How can you balance on different parts of your body?

**LESSON 3**  
How can you perform different rolls?

**LESSON 2**  
How can you travel in different ways?

**LESSON 1**  
How can you perform gymnastic shapes on apparatus?



This framework should be adapted by the teacher to meet the learning requirements of the class

- Can Master basic movements such as jumping and begin to apply these in a range of activities  
- Can demonstrate agility, balance, co-ordination  
- Can co-operative physical activities

**End of KS Attainment Target**

- Can Master basic movements such as jumping and begin to apply these in a range of activities
- Can demonstrate agility, balance, co-ordination
- Can co-operative physical activities

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**GYMNASTICS  
YEAR 2**



**End of KS Attainment Target**