

**Prior Learning:** In year 5, children learned how to use different footwork. They continued to master the skills of controlling the ball on a racket. They progressed onto paired work with a forehand and backhand shot. They developed their serving (underarm and overarm). They also learned how to play a game of mini tennis in pairs and doubles.

## Physical Me

**Throw & Catch** - Underarm/overarm

**Running/Agility** - footwork, moving in different directions

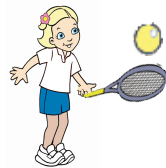
**Speed** - moving across the court, speed of shot

**Co-ordination** - hand-eye, footwork

**Balance** - Moving with ball on racket

**Power** - of shot

**Accuracy, Control and precision**



## Key Skills

### Thinking Me

- Reacting to shots
- Anticipating shots

### Value Me

- Empathy
- Resilience

### Social Me

- Co-operate with others
- Collaborate with others

## Tennis Scoring

Tennis is a four-point game that must be won by a two-point lead.

The name of these four points:

- love (zero)
- 15
- 30
- 40
- Game

If the game is tied at 40 deuce, it extends until one player wins by a two-point lead. There are six games in a set and two or three games in a match.

## Key Vocabulary

Umpire

Anticipate

Volley

Speed

Reaction

Technique

Grip

Empathy

Precision

## Key Knowledge

**Shot** - Shots hit during a point without the ball having bounced are called volleys, while shots hit just a split second after the ball bounces are called half volleys.

**Grip** - How you hold the racket, when serving or playing shots in the game. This will vary depending on the shot.

**Anticipation** - One of the key abilities of good tennis players is anticipation. It's an ability to predict with very high probability what the opponent will play.

**Volley** - A return of the ball before it touches the ground.

## Inspirational Athletes

### Emma Radacanu

Emma Radacanu - first British women since virginia wade to win a grand slam

She won the US open in 2021 aged 18

Emma is currently British no 1 (2022)

