

Prior Learning: In year 3, children continued to develop their throwing and catching skills (under & overarm). They learned how to bowl a ball in rounders. They learned how to bat using a rounders bat, both self hitting and receiving a bowl.

Key Skills

Physical Me

Throw/bowling - Underarm/overarm

Catching- Varying distances

Running - Chasing the ball when fielding
- Scoring rounders, running to support

Co-ordination - Hand-eye (catching and hitting) the ball
- Throwing at a target

Balance - When batting, bowling, fielding

Thinking Me

- To improve my performance

Value Me

- Honesty
- Self control

Social Me

- Communicate
- Co-operate

Rounder Rules

No more than 9 players may be on the field at any one time.

1) The bowler bowls to the batter, who hits the ball forward on the Rounders Pitch.

NOTE: 1st post only, until the ball has crossed the line.

2) Batter then runs to as many posts as possible before the fielders return the ball to touch the post the batter is heading for, or the ball is returned to the bowler in the bowling square

3) SCORING:

- If the batter reaches the 2nd or 3rd post in one hit, the batting team scores 1/2 a Rounder.

- If the batter reaches 4th post in one hit, the batting team scores ONE Rounder.

- 2 NO BALLS from the bowler = 1/2 rounder

- Obstruction by a fielder = 1/2 Rounder

- Hit behind = 1st post only - until the ball has crossed the line

4) A player becomes 'out' of the innings when:

- A batter runs on the inside of the posts

- A batter deliberately throws the bat.

- The post the batter is running to, gets stumped

- A batter overtakes another batter on the track

- The batter gets caught out.

- The batter loses contact with the post when the bowler has the ball

- A batter is out if they have a foot over the batting square and either miss or hit a good ball.

5) Batters must touch 4th post on getting home.

Key Vocabulary

Overarm

Control

Retrieve

Technique

Self hit

Co-operate

Accuracy

Continuous

Skills

Key Knowledge

Long Barrier

- A technique to control a rounders ball that is traveling along the ground.

- When kneeling down, the leg creates a barrier to stop the ball

Fielders

- Aim to limit the number of rounders, to stop the batter scoring

- Aim to get the batter out!

Batter

- Aim to score rounders when a player hits the ball

- Sprints around the posts

