

**Prior Learning & this unit:** Throughout all lessons children have been encouraged to be a mini coach- this is to help support their classmates in various activities across the PE curriculum. This unit will develop the children leadership skills through a variety of games and activities.

## Key Skills

### Physical Me

<b>Throw</b>	<b>Agility</b>
<b>Catch</b>	<b>Balance</b>
<b>Dodge</b>	<b>Co-ordination</b>
<b>Run</b>	<b>Jump</b>

### Value Me

- Teamwork
- Leadership
- Kindness
- Responsibility
- Self Belief
- Fair play
- Sportsmanship

### Social Me

- Co-operation
- Organisation
- Good listener
- Caring for others
- Encouraging others
- Supporting other
- Collaborate
- Communicate

### Thinking Me

- How can I organise activities?
- Problem solving
- How can I adapt an activity?

## Key Vocabulary

Communication

Leader

STEP

Confidence

Safety

Task

Organise

Create

Collaborate

## Key Knowledge

### STEP Principle

**S= Space** What space you have? Can you make it bigger or smaller? Is it safe?

**T= Task** What task are you doing? How long will it be? can you make the task easier or harder? Can change the rules? Is it safe

**E= Equipment** What equipment you will need? Can you modify the equipment by changing the amount you use? Can you change type of equipment and how you organise it? Is it safe?

**P= People** How many people to you need in your game? How can you organise people into a group? Are they safe?



### Play Leader

Play Leaders are a group caring children who have been trained to organise activities for other children on the playground.

They encourage children to join in games and to extend their friendships.

It is important for Play Leaders to know the STEP principle to help when organising activities and to most of all have FUN while being a Leader!