

**Prior Learning:** In Year 3 children were taught new techniques including controlling and moving with the ball in various ways, catching and using a range of passing including the chest and bounce pass. Children learned how to shoot while on the move. Children were play small sided games and were encouraged to embrace the adapted handball rules, fair play and be gracious in victory and defeat.

## Key Skills

### Physical Me

**Throw**      **Agility**      **Power**

**Catch**      **Balance**

**Dodge**      **Co-ordination**

**Run**      **Jump**

**Dribble**      **Speed**

### Value Me

- Fair Play
- Gracious

### Thinking Me

- To make decisions in the game
- How can I improve

### Social Me

- Teamwork
- Encouraging others



## Our Handball Rules:

**Number of players:** 5v5

**You have 5 seconds to hold the ball:** then you must pass or shoot

**Courts:** Only allowed goal keeper inside the semi circle

**Start of play:** Game is started by a 'throw off'

**Scoring a goal:** A goal is scored by throwing the ball into the oppositions net

After a goal is scored play is restarted by the GK

If the goal keeper saves a ball, play is restarted by the GK

Players are allowed to take 3 steps with the ball.

**Travelling-** taking more than 3 steps. Free-throw given to the other team.

**No dribbling-** in Yr 3&4

**No Contact-** can intercept or block

## Key Vocabulary

Infringement

Consecutive

Attacking

Defending

Non-contact

Travelling

Free throw

Communicate

Semi Circle

## Key Knowledge

**Consecutive** - One after another e.g. 5 consecutive passes

**Infringement** - Breaking the rules, denying a clear scoring opportunity

**Attacking** - The team with the ball attempts to score a goal in the opponents net by shooting (throwing the ball into the goal)

**Defending** - A defending team tries to stop the other team scoring and to regain possession of the ball

- Once they have the ball, they become the attacking team

