

**Prior Learning:** In Year 2 children were introduced to some fundamental handball skills. They learned different ways of throwing and catching. They also played some adapted invasion games and were introduced some handball skills.

## Physical Me

**Throw**      **Agility**    **Power**

**Catch**      **Balance**

**Dodge**      **Co-ordination**

**Run**          **Jump**

**Dribble**      **Speed**

## Key Skills

**Value Me**  
- Honesty  
- Courage

**Thinking Me**  
- To make decisions in the game  
- How can I improve

**Social Me**  
- Communication  
- Encourage  
- Collaboration

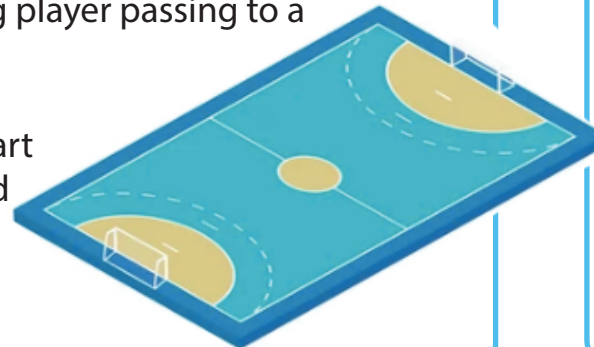


## Key Knowledge

**Passing** - Chest pass and Bounce pass

**Intercept** - Stopping an opposing player passing to a teammate

**Throw off** - This is taken at the start of the first and second half of the game and after scoring (in the middle of the court)



## Our Handball Rules:

**Number of players:** 5v5

**You have 5 seconds to hold the ball:** then you must pass or shoot

**Courts:** Only allowed goal keeper inside the semi circle

**Start of play:** Game is started by a 'throw off'

**Scoring a goal:** A goal is scored by throwing the ball into the oppositions net

After a goal is scored play is restarted by the GK

If the goal keeper saves a ball, play is restarted by the GK

Players are allowed to take 3 steps with the ball.

**Travelling** - taking more than 3 steps. Free-throw given to the other team.

**No dribbling** - in Yr 3&4

**No Contact** - can intercept or block

## Key Vocabulary

Ball awareness

Control

Bounce pass

Chest pass

Throw off

Invasion

Intercept

Communicate

Semi Circle