Olympic Dance Knowledge Organiser - Yr 1



Prior Learning: In early years, children experimented with different ways of moving to music. Children learned through dance to negotiate space and obstacles safely; with consideration for themselves and others.

Key Skills

- Moving our bodies in time to the music
- Dance with control
- Dance movements at different levels
- Dance moving in different directions and travelling
- Counting to 8 to stay in time to the music

Thinking Me

- To improve my dancing
- Remember dance movements

Healthy Me

- Perform movements safely
- Warm up

Value Me

- Teamwork

Social & Emotional Me

- Co-operate with others
- Respect others performing

Key Vocabulary

Time

Start

Finish

Levels

Key Knowledge

Timing - Listen to the music , use counts to help you keep in time

Travelling - To move from one place to another

Levels - The three levels of dance movement are high, middle, and low

Control - The ability to start and stop movement, change direction and hold a shape efficiently

Perform - Dance has a beginning, middle and end just like a story/children's written work

Topic Vocabulary

Olympics

Race

Flag

Sport