

Prior Learning: In Year 5, children further developed their dribbling skills to move with control and at different speeds and direction, with either hand. Children learned how to step, pivot and pass. They also learned ways of protecting the ball while static and dribbling. They looked at effective defensive stances. They learned how to shoot accurately using the BEEF technique. They also developed their qualities of leadership and competition by participating in game of mini basketball.

Physical Me

Throw

Catch

Dodge

Run

Dribble

Agility

Balance

Co-ordination

Jump

Speed

Key Skills



Thinking Me

- To make decisions in the game
- Evaluate and improve my performance

Value Me:

- Teamwork
- Perseverance

Social Me

- Embrace the rules
- Communicate

Our Basketball Rules:

Double Dribble:

When a player dribbles the ball with two hands at the same time or starts to dribble again after stopping

Out of Bounds:

If a team lose possession of a ball and it goes out of bounds then a free pass is awarded to the opposition

Tip Off:

To re-start or put the ball in play by throwing it up between two opponents

Key Vocabulary

Weave

Agility

Gladiators

Contestants

Baseline

Accuracy

Evaluate

Referee

Travelling

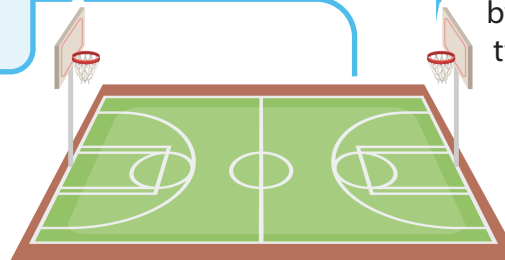
Key Knowledge

Weave - To move in and out of play

Evaluate- Looking at your strengths and areas to improve in your performance

Agility- To be able to change direction quickly. In basketball you need to be agile while dribbling the ball

Baseline- The back line (where the basket/backboard is)



Traveling:

When a player takes too many steps with the ball in their hands without dribbling the ball.

Shooting:

If a shot is successfully scored two points are awarded.