

# DINO SCHEME (EY)

# LESSON 3

*Learning Intention: How can you use a story to perform a dance?*

Resources:

## Physical Development:

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

MUSIC Track 1  
MUSIC Track 2  
MUSIC Track 3  
MUSIC Track 4  
MUSIC Track 5

## Starter: Sticky Trees

Ask the children to imagine they are covered in sticky amber which would seep from the trees in the time around the dinosaurs. Every body part is covered with it. You call out different body parts to stick to other body parts or areas of the room, for example:

**The children walk, skip, gallop etc around the room until you call a sticky command.**

**Hands to the floor**

**Your knee to your hand**

**Your back to the wall**

**Your arm to something green**



Negotiate Space

## ACTIVITY 1: Introducing The Story

Read or play the story: *Bumpus, Jumpus, Dinosuarumpus* By Tony Mitton and Guy Parker-Rees  
<https://www.youtube.com/watch?v=dB1ExpzPRsg>

## ACTIVITY 2: Bumpus Jumpus Moves!

Ask the children to find a space in the room and try some of the moves from the book:

**Donk, Donk, Donk:** Try some dinosaur hops

**Snip, Snap:** Snap hands together like jaws

**Bomp, Bomp, Bomp:** Bop their head up and down

**Twizzle, twizzle, twizzle:** Try a twist and spin

**Thwack, Thwack, thwack:** Swing arms from side-to-side like a tail

**Clatter, clatter, clatter:** Jump up and down on the spot

**Rattle, rattle, rattle:** Stamp on the spot

**Zoom, Zoom, Zoom:** Run very fast on the spot

**Roar, roar, roar:** The children roar like a dinosaur



Negotiate Space



Move energetically- Running



Move energetically- Hopping



Move energetically- Jumping

### ACTIVITY 3: Bumpus Jumpus

Suggested Music: Track 7

The children get into pairs and **choose their favourite 4 or 5 words** from activity 1: e.g. Thwack, Donk, Rattle and Roar.

Can they share with their partner what movements they did to those words in activity 1 and then decide on their favourite together.

**Make it easier:** The teacher reads the section of the story slowly as the children dance their movements to it. See Dinosuarumpus resource 1 (short story) - and the class learn the same suggested movements together.

**See VIDEO 3 – DEMO OF Activity 3**

**Make it harder:** The movements created are rehearsed and set to music with the children's own movement ideas, timing and counts as a dino dance.



Move energetically- Dancing

### ACTIVITY 4: Dinosaurumpus Performance!

Suggested Music: Track 7

The children all get ready to perform their story dance using the movements they have learnt at the same time. Spread the groups out in the space.

**Make it easier:** The teacher reads the story slowly as everyone performs to it - See Dinosuarumpus resource (short story.)

**Make it harder:** The children rehearse and perform to music putting the dance together in their own way.



Move energetically- Dancing

### COOL DOWN

Children move around the round, changing the speed of travel from a fast to a slow walk.

They then lie on the floor and stretch out into a star shape on their back and then slowly tuck themselves into a ball. Repeat a few times.

### PLENARY

**Did you enjoy helping to tell a dinosaur story today?  
What was your favourite part of the story and why? What was your favourite movements? How do you tell a story through movement?**