

DANCE LESSON 5&6- The Awards Ceremony EY

Learning Intention: How can you move in different directions?

Physical Development (Gross Motor Skill ELG) :

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping and skipping

Warm up: Use from lesson 3

Resources:

MUSIC: Closing Ceremony music
Awards Ceremony music
Ribbons (scarfs/chiffon)

Activity 1: Lighting the torch

1. Discuss the torch/the torch bearer and its significance in the ceremony- see video.
2. Stand the class in a circle and mime passing the torch to each other around the circle

Extension:

The children could add a move when they have the torch e.g. Lift above head, kneel on one knee, turn on the spot etc.

TP: Someone could go into the centre of the circle as if lighting the torch from the cauldron before it is passed around the circle.

ACTIVITY 2: The flag Parade



MUSIC: Closing Ceremony music

1. The children walk around the space being 'proud' of their country.

TP: Encourage to the children to think about HOW they would walk if proud e.g. Head held high, straight back and strong strides.

2. Add in holding and waving their countries flag whilst walking (in a rainbow arch above the head.)

TP: You could use the ribbons from the gymnastics lesson to represent the flags OR you could make some flags of different countries to use!

-  Demonstrate co-ordination
-  Move - Dancing

ACTIVITY 3: The Competiton

MUSIC: Awards Ceremony music

The children get into their pairs to create a short sporting sequence of 4-6 movements.

TP: They can choose one of their favourite sequences created in any of the lessons OR put together some of their favourite sporting ideas and moves.

ACTIVITY 4: Medal Ceremony

MUSIC: Closing Ceremony music

1. Children get into pairs to create a podium medal ceremony.
2. Decide who will be bronze, silver and gold and who will be the master of ceremony and put the medals around each neck.
3. The group stand in a line and kneel (with one knee) in turn as the master of ceremony walks down the line to mime putting the medals around their necks.

TP: Swap over so the children all get a chance to win gold!

ACTIVITY 4: The Big Finish!



MUSIC:

Closing Ceremony music – (activity 1, 2, 4)

Awards Ceremony music – (activity 3)

Teacher to facilitate putting all the activities together as a whole class:

1. Start in a whole class circle – lighting and passing the torch (activity 1)
2. Move to the parade as the children proudly walk around the room waving their flags (activity 2)
3. The competition (activity 3)
3. Perform the medal ceremony – (activity 4)

 Demonstrate co-ordination
 Move - Dancing

Extension:

5. The children to come back into a whole class circle for the torch to be passed around one final time and then one child takes the torch into the centre to extinguish the flame in the cauldron.

ACTIVITY 4: The Picture Finish

MUSIC:

Closing Ceremony music

Awards Ceremony music

1. Split the class into two. One half to dance and the others to watch OR film the whole class so everyone can be involved (as practised) and watch back on screen.
2. Children can be mini-coaches and give feedback to the performers. What did they like about the closing ceremony? Did it feel like a celebration? What was the atmosphere like?
3. Swap over.

COOL DOWN

Children move around changing the speed of travel from a fast to a slow walk to bring the heart rate down.

PLENARY

**Did you enjoy learning about the Olympics? What was your favourite part/sport?
Will you be watching the next Olympic Games?**