

DANCE LESSON 5

EARLY YEARS

Learning Intention: How can you take it in turns in a dance?

Physical Development (Gross Motor Skill ELG) :

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, skipping and climbing

Starter: What characters do you know from Shrek? Discuss what the children know already.

Resources:

Music:
Track 10 – All Star

WARM UP: At the Swamp

Tambourine



Move energetically- Dancing



Negotiate Space

The children explore the characters from Shrek that come to stay in his swamp.

1. When the teacher gives the command walk, skip, gallop etc, the children are to move around the space- Teacher can shake the tambourine to encourage movement.

2. As the teacher says a character, the children move around pretending to be that character:

SUGGESTED CHARACTERS:

-Humpty Dumpty

-Blind Mice

-Ugly Duckling

-Pinocchio

-Pig (from The Three Little Pigs)

-Dragon

-Mad Hatter

-White Rabbit

-Tinkerbell

-Peter Pan

-Fairy Godmother

-Wicked Witch

- Tweedledum

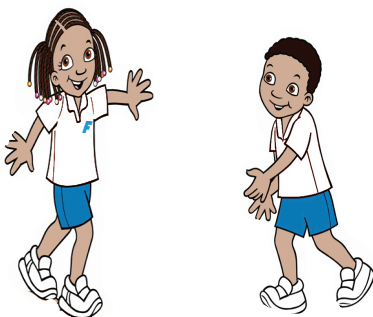
-Tweedledee

-Ogre

ACTIVITY 1: Swamp character – choose favourite with a partner

Suggested music:
Track 10 – All Star

The children get into pairs and choose their favourite character from the warm-up and move together as their character to the music.



Move energetically- Dancing

ACTIVITY 2: Best Friends

Suggested music:
Track 10 – All Star

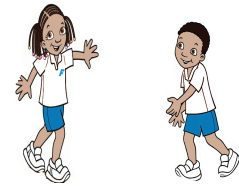
 Demonstrate co-ordination

 Negotiate Space

 Move energetically- Dancing

The children explore the movements of the characters - Shrek and Donkey:

1. The teacher to ask the children to move around the room as Donkey
2. The teacher to ask the children to move around the room as Shrek
3. The children to be put into pairs. Teacher chooses one child to be SHREK and the other as DONKEY.
4. Can they take it in turns at showing a move of their character
e.g Child A shows a donkey move
Child B shows a shrek move



Children to take it in turns

Children to swap over roles of donkey and shrek.

Make it harder: Can they pose in the move then the other partner goes.

ACTIVITY 3: Shrek and Donkey Performance

Suggested music:
Track 10 – All Star

 Move energetically- Dancing

1. Split the class into two. One half to dance and the others to watch.
2. Teacher to spread out the pairs and count them in to the music.
3. Children can be mini-coaches and give feedback to the performers.
What was your favourite Shrek and Donkey performance and why? Did they take it in turns?
4. Swap over several times if the children want to have a go at both characters.

COOL DOWN

Children move around in slow motion showing their favourite character.

PLENARY

Did you enjoy being characters from Shrek today?
What was your favourite character and why? Did you enjoy taking it in turns in your dance?