

Learning Intention: How can you run around?

EQUIPMENT:

Bibs (enough for one between each pair), mixture of coloured hoops and 30+ bean bags.

Starter Activity Read pages 20-23

Physical Development:

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, and skipping



Negotiate Space

Warm up: Treasure Hunt

Children find a space and listen to the teacher's instructions.

Find the treasure: Jog around looking for treasure.

Stepping stones: Stepping from one stone to another.

Dig for the treasure: Pretend to dig.

Fill your pockets: Bend down and pick up treasure and put in imaginary pockets.

Pirates are coming: Crouch down small to hide.



Move energetically- Running

Activity 1: Red Beard Chase

Book reference:
The chase from Red Beard

Red Beard's chase is played in the same way as 'Stuck in the Mud'.

One child is Captain Red Beard and the rest are Captain Hawkeye's pirates. If a child is caught they are to stand in a star shape and cannot move until someone has gone under their arms to release them.



Move energetically- Running

Activity 2: Treasure Chase

1. In pairs, one has the bib in the back of their shorts/ trousers (just like Freddy in the story).
2. The other is the pirate who chases Freddy's treasure and grabs it!
3. Once they have got the treasure they become Freddy and put the bib in the back of their shorts/trousers.
4. Ensure all children take a turn at being Freddy.

Safety: Ensure there is enough space for this activity and children to look where they are going.

Book reference:
A pirate trying to steal Freddy's treasure from his pocket.



Activity 3: Goodies and Baddies

 Move energetically- Running

 Demonstrate co-ordination

Equipment: Coloured hoops and coloured bean bags.

1. Scatter the hoops around the area.
2. Split the class in half – 'Hawkeye's Crew' (goodies) or 'Red Beard's Crew' (baddies).
3. Hawkeye's crew have a 30 - second head start to place bean bags in their matching coloured hoop.
4. Teacher blows the whistle: Red Beard's crew try and 'steal' the bean bags from their correct hoops and place them in the wrong - coloured hoops.
5. The 'goodies' (Hawkeye's) have to keep going to try and remedy the problem.
6. Children swap over roles.

**Book reference:**

Captain Red Beard chasing
Captain Hawkeye.

Activity 4: Read

Teacher to finish the lesson by reading the end of the story.

Q & A – What can you see happening to Freddy's trainers on pages 24 and 25?

Cool Down: Sleeping Pirates. Children lie down and pretend they are asleep. When teacher calls 'Flashing Trainers' children to start stretching and then wake up.

Did they think Freddy's adventure was real?
What did you enjoy about Freddy Future's pirate adventure?
Next lesson: Freddy Future's pirate challenge.