

**Prior Learning:** In year 5, children continued to master their dance skills and create/choreograph their own dances bringing in key movements unison, canon, levels, space, pathways and direction. They began to refine their dance movements and attempted to perform with precision, control and fluency

## Key Skills

### Physical Me:

Co-ordination	Skip
Balance	Gallop
Agility	Jump
Strength	Hop
Power	Speed
Flexibility	Control

### Thinking Me

- Evaluate and improve my dancing

### Value Me:

- Patience
- Courage
- Creativity

### Healthy Me:

- Warm ups
- Pulse raiser
- Cool down

### Social Me

- Co-operate with others
- Respect others performing

## Key Vocabulary

Transition

Strength

Evaluate

Formations

Expression

Fluency

Space

Evaluate

## Key Knowledge

**Transition** - is a movement, passage, or change from one position to another.

**Formation**- How you arrange your group e.g. straight line, circle, facing each other etc

**Space**- How you use the space around you e.g: low, middle and high movements, the shapes you make in space and how you move through the space.  
- It is also how you dance with others in the space: e.g. are you close to someone or how far apart you are



## Topic Vocabulary

Stomp

Sound

Props

Percussion

Objects

Body