

# Quicksticks Knowledge Organiser - Year 6

**Prior Learning:** In year 5, children developed their dribbling skills and were introduced to the Indian dribble. They recapped how to pass and move. They also recapped their tackling skills and were introduced to some more advanced ways to tackle. They played small sided quicksticks games and practiced their attacking, marking and defending skills in these games.

## Physical Me

**Running**      **Agility**  
**Speed**        **Balance**  
**Strength**    **Co-ordination**  
**Reaction**    **Power**  
**Passing**

## Key Skills

### Thinking Me

- Select and apply my skills
- Evaluate performance
- Decision making

### Value Me:

- Determination
- Passion

### Social Me

- Helping others
- Accepting and embracing rules

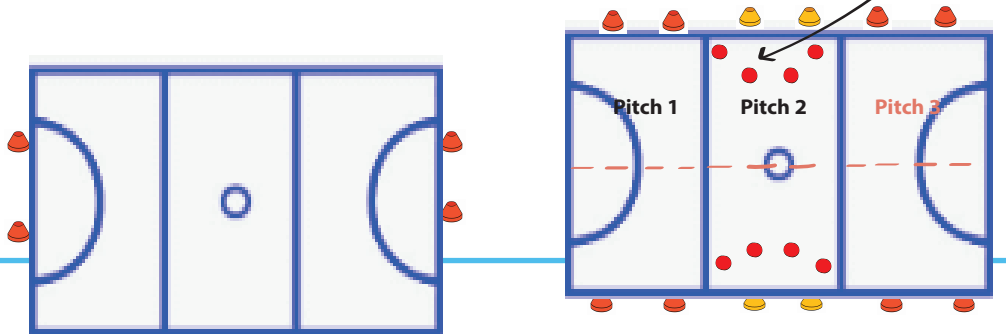


## Key Knowledge

**Tactics** - Actions and strategies are planned to achieve an overall objective – in sport that objective is predominantly to win

**Tackling** - When tackling, players should **only hit the ball** with their stick and should not hit the other player's stick.

**Marking**- To mark a player you follow their movements to try and stop them shooting or passing, and so that you can regain possession.



## Quicksticks Rules:

### Start of Game:

One team being given a centre pass

### Restart the game:

Centre pass is taken by the team who has not scored

A free pass (the ball must be taken from where the offence took place)

If a ball crosses the sideline, a free pass is taken from the team that did not touch the ball last.

-You can pass or dribble onto the pitch from a sideline

### FREE PASS to the other team:

- If a ball crosses the back line off an attacker, a free pass is taken by the defending team from the top of the shooting circle/area

- If a ball crosses the back line off a defender: the free pass shall be taken by the attacking team from the corner

- If sticks raised above waist/knee height
- If uses rounded side of the hockey stick
- If you obstructs attacking players with the body
- Contact with another player
- Intentionally uses any part of their body to play the ball

## Key Vocabulary

Chicane

Accuracy

Angles

Marking

Improve

Tactically

Demonstrate

Possession

Target