

Prior Learning: In year 3, children created dances using a stimulus, they worked in small groups and began to evaluate and give feedback on performances. They were introduced to key movements in their dances including unison, canon, space and timing.

Key Skills

Physical Me:

Co-ordination	Skip
Balance	Gallop
Agility	Jump
Strength	Hop
Power	Speed
Flexibility	Control

Thinking Me

- To improve my dancing
- Remember dance movements

Healthy Me:

- Warm ups
- Pulse raiser
- cool down

Value Me:

- Kindness
- Respect

Social Me

- Co-operate with others
- Respect others performing

Key Vocabulary

Inspire

Collaborate

Pathways

Choreograph

Direction

Timing

Counts

Create

Key Knowledge

Choreograph - Is the act of designing dance

Direction- Direction in dance is the line taken by the body. Direction can refer to shapes, movements, sequences of movements or relationships between dancers.
Direction may be Forward or backwards Sideway or Diagonal

Pathways- In dance pathways refer to the path or pattern made by a body part
 - Pathways can be straight, angular, curving, symmetrical, asymmetrical



Topic Vocabulary

Olympic

Paralympic

Torch

Ceremony

Podium

Parade

Synchronised

Compete