

Prior Learning: In year 4, children continued to create/choreograph dances using a stimulus, they worked in small groups and began to evaluate and give feedback on performances. They recapped to key movements in their dances including unison, canon, space and timing.

Key Skills

Physical Me:

Co-ordination	Skip
Balance	Gallop
Agility	Jump
Strength	Hop
Power	Speed
Flexibility	Control

Thinking Me

- To improve my dancing
- Remember dance movements

Healthy Me:

- Warm ups
- Pulse raiser
- Cool down

Value Me:

- Patience
- Courage
- Creativity

Social Me

- Co-operate with others
- Respect others performing

Key Vocabulary

Energy

Precision

Fluency

Strength

Shape

Rhythm

Counts

Leader

Key Knowledge

Shape - Because of the way the body is made it is possible to make many different lines and shapes with individual body parts

Fluency - movements flow from one to the next with ease

Rhythm - the steady beat of the music to which we dance



Topic Vocabulary

Olympic

Paralympic

Torch

Ceremony

Podium

Parade

Synchronised

Compete